

Kedrick the Head Trip journals

Chapter

I have nothing to lose. Not much else can be inflicted upon me. I'll do whatever it takes to #StopPsychiatry because #NobodyDeservesTorture

The rationale for misdiagnosis is "insurance companies will have to be told they're paying for something", and the insurance fraud is ignored by authorities. Anybody can be misdiagnosed so drugs get pushed, the vast majority of them are never violent, people labeled "mentally ill" are more likely to be victims of violence than perpetrators; and the torture inflicted upon them is encouraged by the authorities and the press.

Many psychiatrists told me I would "never amount to anything" because they're ashamed of themselves, so they project their insecurities upon others, and they ruin lives by misdiagnosing whomever they can; as expected from bullies.

I finally tapered off of the pharmaceuticals that kept making me sicker and sicker. The pushers are unwilling to lose even one customer. Every time they refused to taper the drugs, I was yet again traumatized by involuntary admission due to withdrawal symptoms. Post Traumatic Stress Disorder was misdiagnosed because psychiatry caused most of the trauma.

I finally was diagnosed with PTSD. I acquired my medicinal herb license in 2017. This was a major accomplishment. The pushers don't have any legal justification to accuse me of "abusing" said herb when it's prescribed. It's medical necessity. Years after relegalization of medicinal cannabis in 2012, nobody removed unqualified doctors and others who think the first medical necessity somehow "causes" every problem that exists and then some.

The drug pushers were wrong, all of their claims are backwards. The first medical necessity motivates its users, improves concentration, and prevents paranoia, anxiety, and depression because it's relaxing; and saves lives.

Medicinal cannabis clears my head so I focus. Dr. Jeffrey Shelton claimed otherwise while pushing drugs to impair concentration and cause depression and anxiety.

Dr. Micheal Edward Balkunas of New Britain General Hospital caused damage that persisted since 2005.

Before 2005, nobody denied that I was a "gifted and talented" savant on the highest functioning end of the autism spectrum. In 2005, Dr. Micheal Balkunas falsified medical records. From 2005 to 2015, I was falsely accused of "paranoia, delusions, psychotic tendencies, lack of insight, and polysubstance abuse" because that's how pharmaceuticals are pushed.

Community Mental Health Affiliates convinced a Probate Judge to appoint a Conservator of Person and Estate, Attorney Katrina Camera. The idea to inflict this upon me was from Dr. John A. Nazarian. This meant that I got trapped in the wrong

area because I couldn't move out without approval. I was discharged from CMHA to Continuum of Care in 2015.

When I was harassed and stalked by Mike Inigo, the staff at my house stayed in the office to not witness him throw out my belongings, and I wasn't reimbursed. They presumed they could get an easy paycheck. The bully pulled down his pants and indecently exposed himself and got away with it. He was eventually removed from the house.

Survivor's guilt continues and it's not easy to sleep. Psychiatric APRN Susanne Wargo pushes Xanax without concern about brain damage or deadly withdrawal symptoms. I had a seizure when I was misplaced the pills and the junky staff at Bristol Hospital claimed the cause of the seizure was "undetermined" and they kept me contained, then lied under oath knowing their perjury was all it takes to persuade the Probate Judge. The junky staff say, "do as we say, not as we do" as they abuse narcotics.

The "special education" meant being forcibly drugged and thrown in detention for being forced to sleep in class. I excelled in school until I was forcibly drugged in 5th grade at the Wheeler Clinic. I was kicked out of public school for being an easy target for bullies. I was forced to sleep through nearly every class from 5th grade until graduation. That was traumatic, apparently.

Classism and racism caused the phony "drug war" targeting indigent communities. This isn't a specifically American problem, authentic medical necessity had already been banned throughout Europe before the United States.

Harry J. Anslinger fooled lawmakers who had no idea they criminalized a medicinal herb that saved their lives. By using an obscure term spelled with a J instead of an H, Anslinger made the first medical necessity seem foreign. He targeted immigrants and jazz and swing musicians by claiming they were "insane on marijuana that makes them think they're as good as white men" despite that people of all walks of life rely on the first medical necessity.

The poor are targeted and considered a threat to the wealthy, hence the phony "war on drugs" is a war on the poor.

Pro-vaccine propagandists either don't know or don't care that pharmaceutical companies manufacture vaccines and they can't be "one size fits all", they're like Russian roulette, different people react differently to vaccines; and the results are terrible. Autoimmune diseases are on the rise because of vaccines.

The populace is systematically poisoned. That's how pharmaceutical companies sell their drugs to sell more drugs. Vaccines cause customers. The vaccinated vast majority gets sicker and sicker and sicker. Vaccines can cause seizures, encephalitis, and worse.

Death is listed as a "side effect" of vaccines. When babies die after vaccination, the euphemism "Sudden Infant Death Syndrome" is used as if the cause of death were

unknown. The pro-vaccine propagandists say they'd "rather be autistic than dead" as if they've never heard of other possibilities besides autism and death.

The warning label on toothpaste says to call a Poison Control Center if its swallowed, yet the populace doesn't question why the same poison is in the water. They're indoctrinated and domesticated. Sodium flouride has damaged their brains. Most pro-vaccine propagandists don't know about with autism, they think they're experts on my condition just because they watch TV and movies.

Deaths from viruses already declined by 90 percent before vaccines. These deaths were declining for many decades. Better sanitation, hygiene and nutrition helped. There's also treatment for these infections. The symptoms could be reduced. This wasn't always widely understood, hence the difference between decades ago and centuries ago. Typhoid fever declined without widespread vaccination and scarler fever declined without any vaccine.

Anybody who already survived measles won't catch the same virus again due to lifelong immunity. Measles is a temporary infection that's rarely fatal. Surviving ailments is a rite of passage during childhood.

The symptoms of mercury poisoning are also the symptoms of autism. When vaccination increases, autism increases. Even after mercury was removed from most vaccines, they still cause autism for other reasons.

The pro-vaccine propagandists don't care that injection of mercury is inherently more harmful than ingestion thereof, such as in fish oil supplements.

Infant mortality increases along with vaccination. The US has the highest infant mortality rate because it has the most vaccines.

The media suddely stopped talking about measles because now the fearmongering is over coronavirus. There's new mass hysteria, just like that.

<https://childhealthsafety.wordpress.com/graphs/>

I'm expected to fend for myself because I'm in the minority on the highest functioning end of the autism spectrum. I don't appreciate the media diminishing my plight.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC452549/>

<https://healthfreedomidaho.org/court-rules-vaccines-contribute-to-and-cause-sids-deaths>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3236196/>

<https://www.ncbi.nlm.nih.gov/pubmed/15805992>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3364648/>

https://www.naturalnews.com/046553_MMR_vaccines_scientific_fraud_criminal_corruption.html?fbclid=IwAR0QZosJlCviCYSJNjALjlfTq4N3H8dg1U1Vr2qlBR8_X5s-XNR7gE2P0vY

https://articles.mercola.com/sites/articles/archive/2020/03/10/vaccine-deaths.aspx?cid_source=twitter&cid_medium=social&cid_content=twittermercola&cid=lead_20200310_

Chapter

Music and herb saved my life.

My most widely disseminated song is Ingenuity, a psychedelic conscious hip hop song :

<https://youtu.be/GoLjmY48C84>

The night after I attended my first Temezcal, a Mexican sweatlodge, my song Ingenuity finally reached 1000 views within about 7 months.

I was invited by _____, a certified level 3 Reiki practitioner and a 3rd generation Oracle.

Intuition definitely exists. Not being 100 percent accurate doesn't mean not having the ability. The skeptic extremists offer rewards to prove them wrong, then boast that they never intended to deliver such an award. They're charlatans and proud of it. Blind rejection isn't any more plausible than blind acceptance. The tests are rigged! Snobs ask "how could a psychic have bad luck?" as if it were that simple. Yeah, right!

I saw the 2002 tsunami of South East Asia in a dream, but only a vague reference. I interpreted it during and after its fulfillment, not before

Astronomy and astrology are interchangeable. Nobody claimed otherwise until recently. The original science is incorrectly called "pseudoscience" and even "antiscience", an insult to everyone's ancestors.

I have an app to train for Extra Sensory Perception, and I'm on the global leaderboard. Any score of 11 or higher can be submitted. I've gotten 14 out of 25 correct. Anything more than 5 correct can't be attributed to chance alone. I usually

guessed the colors on cards rather than symbols or numbers or et cetera. Out of 25 cards, there were 5 colors.

I frequently see certain numbers on clocks. 11:11, 1:11, 2:22, 3:33, 4:44, 5:55. This isn't coincidental. I see them more frequently than not. This has especially been the case since the Age of Aquarius dawned in the spring of 2017.

Birmingham Alabama's Celtic folk punk rock band Jasper Coal follows me on Instagram.

Chapter

Lyrics to Ingenuity :

Ingenuity
Continuity
Congruity
Facing scrutiny
Raising mutiny
Lucidly
Like a true gypsy

Kedrick the Head Trip
Psychedelic epic
Runic divination
Therapeutic herb, mushrooms and roots
Induced this
Intuitively influenced aesthetics of music
Elusive, conducive
To commemorative penmanship that's
Consecutive

Immaculate Om chant
Astrological.
Philosophical like Immanuel Kant.
Primordial.
Clairvoyant.
I'm cognizant and benevolent.

Embrace this, and go scavenging with javelins.
Shapeshift into a makeshift spaceship.

Traveling, rambling on to the Amazon's pantheon where the feral amiable animals and egalitarian heroines are jamming on Grateful Dead songs and recording electronic voice phenomenon.

Classic

Empathic

Ecstatic

Eclectic

Eccentric

Syncretic

Authentic

Poetic

Aesthetic

Telekinetic

Telepathic

Sympathetic magic

Has conjured some pure ectoplasmic entity in this Deadhead tent city where the psychedelic hippies

Speak of equality and equity.

We don't pray, we merely say,

Blessed Be

Especially at the medicinal weed dispensary.

We are defending peace with empathy.

This be spiritual ecstasy.

Everyone oppressed, every refugee gets our sympathy.

Wizardry has given me an epiphany,

Apolitically.

I exist to be instantly primitive and at peace.

There has to be resistance to be free.

Ingenuity

Continuity

Congruity

Acuity

Facing scrutiny

Raising mutiny

Lucidly

Like a true gypsy

Lyrics to Call for Liberation :

So many protest.

Everyone is oppressed.

Nobody has freedom at anyone else's expense.
I must insist that authority should cease to exist.
I'm an anarcho-primitivist.
We must resist Empire and its many clients.
They're all tyrants
My Zerzan-esque verses will burn down churches to murder (neo)conservatives for their disservice.
They deserve it.
Proudhon correctly said, Property is Theft, and influenced Bakunin.
We need more than a revolution.
Progress is a myth.
Technology inflicts pollution upon Earth as persecution, hence what Edward Abbey said was the industrial way of death.
Civilization is self-destructive and meant to oppress.
When ignoring the facts, some have resorted to a personal attack.
The accusation of hypocrisy is obviously an ad hominem (among the more common and most easily refutable and futile of any logical fallacy) to blame us for using technology while in civilization's clutches, as if blaming a cripple for using crutches.
Anarcho-primitivism is what I believe in. There can't be freedom where there is authority, hierarchy, and other crimes of the civilized.
I support nomadic forager tribes.

Authority and hierarchy have divided us, and lied to us.
We had been told that our rights were recognized and wouldn't be denied.
Empire has tried to deprive us of our skills that we needed to survive.
The low lives who hide behind a badge fabricate crimes to meet their quotas.
They patrol us and enforce their war upon us.
Empire and its apartheid has to end, and we need not let it slide ever again.
We can easily resist them, and we will win.
We outnumber and outwit the oppressors.
We can do much more than merely demonstrate against them.
They intend to arrest anyone who protests them, but we don't have to let them.
If we had all been killed, then there'd be nobody to oppress when there's none of us left.
I told them I won't tolerate the laws and hate they have caused for so many years.
I made myself clear
They didn't hear because they had lard in their ears.
Yet we are precisely what their Empire should fear.
Much like the Irish volunteers, we're undefeated.
Those who profit from apartheid have repeated their lies, but that doesn't make them true.
We must liberate the Earth, as that's what we are obligated to do.

The lyrics to Defy Dystopia

civilized society is entirely for shills
and psychiatry kills
by prescribing pills
to cause depression and anxiety, thus
depriving its targets of survival skills
(x2)

the populace is systematically poisoned by a pharmaceutical industry that brutally
despises liberty
as the poison pushers avoid all liability,
barely even discreetly,
quarantines are caused by corporate greed to sell vaccines
after sanitation had already decreased deaths from infectious diseases
by 90 percent before the vaccines shed the germs to spread,
hence the fear mongering is measly,
the vaccinated majority are brutally duped
given shots like they forgot surviving chickenpox,
poison pushers walk all over us until we make them run away from us thus before
us because they exploit us.
They contaminate the water and pollute the air
and hate us because we dare to care.

Newscasters who spew disaster don't inform those who view that a fashionable
discrimination,
mentalism or sanism, a variation of ableism or disabelism
is endorsed as preferable
while everybody who's stigmatized and ostracized
is considered expendable
and detestable
for being traumatized and almost universally despised
many are forcibly drugged and electroshocked to be vegetables
it's disturbing to describe
such reprehensible
atrocities enforced by
Probate Judges
who hold their grudges
while the reporters don't want to realize they stigmatize those who would probably
save their lives.
Fear sells. I'm not buying.
Measles isn't a death sentence.
Censorship of a documentary

Is barely even trying.
The fear mongering is blatant denying and lying.
Measles isn't bubonic plague.
Such feeble claims aren't even as vague rather than opposite the truth.
The populace is too afraid to comprehend proof.
Distress when the press will degrade
a minority who couldn't weaken any herd immunity,
That's inherently absurd, brutally undeterred by scrutiny.
The vaccinated majority is told lie after lie.
The herd immunity rationale doesn't apply
When pretending viruses could be spread by those who haven't caught them or that
new strains are to blame.
That's an inherently bogus claim.
Forced vaccination with bans and badges are inhumane.
Mandatory vaccination is oppressive because it's coercive, thus indefensible.
There could be internment or worse for those who don't get vaccinated on schedule.
The autists are stigmatized by lies and portrayed as expendable.
Autism doesn't cause rampages,
The savant syndrome misdiagnosed while geniuses are locked in cages.
The reprehensible sadistic staff will Drug Shock Misdiagnose
To push their drugs to those who thought they were immunized.
Disease is exacerbated.
Only a minority are unvaccinated.
The harm caused by measles is exaggerated.
The idea of a herd immunity weakened by a minority is outrageous,
Like bogus bans and badges on those who didn't catch anything and therefore, are
apparently not contagious.
Doped up staff are sociopaths who laugh as they steal opiates from the
detoxification wards they're working at, forcing prisoners into rehabilitation.
This invasion is futile, it's desperation when the pushers resort to slander phrenia.
Therapy can't be forced.
Pushers label anybody
'mentally ill' without evidence
then pretend they have grounds to torture
while claiming to 'medicate'
those whom they denigrate to decimate
it's never therapeutic when against their will
For freedom from psychiatry,
force and fraud,
I easily see through a façade

civilized society is entirely for shills
and psychiatry kills
by prescribing pills

to cause depression and anxiety, thus
depriving its targets of survival skills
(x2)

Chapter

Sunday October 27 2019

Card of the Day : 2 of Spades

Rider Waite Tarot Card of the Day : the Lovers

Lenormand Tarot Card of the Day : Mice

Pocket Fortune Teller Card of the Day : Some Money

Lenormand Love Tarot Card of the Day : Dog

attended a holistic fair

Got a medical exemption from vaccines due to being highly allergic to aluminum.

Kedrick : "thanks. It's brave to speak out. When I speak out, I'm given a very hard time, especially on the internet".

At the neighboring booth, _____ overheard and smiled.

Later

Galactic Guidance reading from _____, (a certified level 3 Reiki practitioner and a 3rd generation Oracle)

Card : Purification

_____ : "Detoxify, Kedrick, definitely detoxify from it all, the past medications..."
Kedrick : "and tobacco."

_____ : "There'll be a lot of changes within the next few months ... You're at a crossroads, not sure what approach to take. Hang in there, There 'll be fruition soon. There's already been a lot happening for about two years"

Kedrick : "Since the age of Aquarius dawned in 2017. I was on the right track for awhile"

_____ : "and you'll do so again"

Kedrick : "My birthday is approaching, and so is the New Year. I don't react well to this time of year. Time isn't on my side. Old age scares me more than death... I searched my chart for evidence of what's wrong. It mentions "misuse of creative force in past lifetimes" I don't know what specifically that means. "

_____ : "that could mean a lot of things. Failure at parenting. A woman left with the kids..."

Kedrick : "that makes sense."

_____ : "you were also an Atlantean master in another past lifetime. You've lived many."

Kedrick : "I only have five dollars. "

_____ : "I know".

_____ : "Spend more time by water. Walk barefoot in mud. Meditate by water. Go to the woods. Get back your Celtic roots. Continue with music There's a possibility of new band within the next few months. 2020 will be a better year. You'll eventually be able to help people like you tried to do your whole life."

I was about to hand her a \$5 bill.

_____ : "keep that ... and take this. "

She handed me some Palo Santo.

Kedrick : "So I'm not stuck miserable?"

_____ : "You're far from stuck."

tonight and tomorrow, Scorpio new moon

forecast for nearest events

9 of Diamonds

3 of Hearts

3 of Spades

3 of Diamonds

In fact, there's interference. Months later while blockages remained, I figured maybe a few months meant a season and a half or so, since intuition isn't necessarily 100 percent accurate.

Chapter

New Years' Eve

I went the whole day without eating just to prove I can fast, since it might be necessary in some cases.

I was assaulted at Zen Bar in Plainville. I had nowhere else to go. I almost had a ride to a better event. The GPS got us lost. I wasn't expecting much from Zen Bar. Three

bouncers told me to leave, and one of them even pushed me as I was already on my way out.

Tuesday January 7th 2020

Card of the Day : 7 of Hearts

Tarot Card of the Day : the Empress

Rider Waite Tarot Card of the Day : 7 of Swords

Lenormand Tarot Card of the Day : Key

Pocket Fortune Teller Tarot Card of the Day : Thought

2:45 a.m.

4335 views of Ingenuity on YouTube

12:47 p.m.

Over one week off of tobacco!

4:51 p.m.

100 subscribers on my YouTube channel

5:35 p.m.

100 likes on my FB page

?

Card of the Day : 4 of Hearts

Tarot Card of the Day : reversed Emperor

Rider Waite Tarot Card of the Day : 3 of Swords

Lenormand Tarot Card of the Day : Bear

Thursday January 9th 2019

7:16 a.m.

4360 views of Ingenuity

circa afternoon

Posted to Facebook :

I still haven't been told what I'm falsely accused of. I'm forcibly isolated because a Probate Judge encouraged perjury and appointed a conservator of person and estate. My money is wasted on rent in the wrong area. I don't choose to be reclusive, it's forced upon me. I never harmed anyone, so why such abuse?

Friday January 10 2020

Card of the Day : 7 of Diamonds
Tarot Card of the Day : reversed 10 of Cups
Rider Waite Tarot Card of the Day : Queen of Cups
Lenormand Tarot Card of the Day : Woman

Posted this :

#Psychiatry preys upon good and innocent people who are mellow, docile, and passive. The crazy staff will misdiagnose any easy target to shift the blame away from themselves. #NobodyDeservesTorture #StopPsychiatry

First full moon of the decade, a wolf moon, and lunar eclipse

Saturday January 11 2020
Card of the Day : 8 of Hearts
Tarot Card of the Day: reversed 8 of Wands
Rider Waite Tarot Card of the Day : 10 of Cups
Lenormand Tarot Card of the Day : Fish
Lenormand Love Tarot Card of the Day : Birds

9:20 a.m.
4378 views of Ingenuity

11:40 p.m.
4393 views of Ingenuity

Sunday, January 12th 2020
Card of the Day : 8 of Hearts
Tarot Card of the Day : 8 of Pentacles
Rider Waite Tarot Card of the Day : Queen of Pentacles
Lenormand Tarot Card of the Day : Tower
Lenormand Love Tarot Card of the Day : Letter
Pocket Fortune Teller Card of the Day : Fortune

1:44 a.m.
101 subscribers on my YouTube channel

7:54 a.m.
4409 views of Ingenuity
113 subscribers

Saturn conjunct Pluto in Capicorn
Energy shift today, karma cleansing

Monday January 13 2020
Card of the Day : 3 of Spades
Tarot Card of the Day : 7 of Pentacles
Rider Waite Tarot Card of the Day : 8 of Cups
Lenormand Tarot Card of the Day : Fish
Lenormand Love Tarot Card of the Day : Crossroads
Pocket Fortune Teller Card of the Day : Merriment

8:45 a.m.
117 subscribers to my YouTube channel

called the Probate Court
Verified that my Attorney Correspondent said he would send a letter requesting a hearing about moving me to Bristol

9:09 a.m.
4429 views of Ingenuity

2:35 p.m.
4435 views of Ingenuity

Tuesday January 14 2019
Card of the Day : 2 of Diamonds
Tarot Card of the Day : 6 of Cups
Rider Waite Tarot Card of the Day : 9 of Pentacles
Lenormand Tarot Card of the Day : Woman
Pocket Fortune Teller Card of the Day : Fidelity
Lenormand Love Card of the Day : Moon

12:20 a.m.
4449 views of Ingenuity

7:20 a.m.
lifting weights in the basement

7:45 a.m.
4454 views of Ingenuity

9:27 a.m.
4457 views of Ingenuity

8:18 p.m.
4468 views of Ingenuity

8:40 p.m.
Futhur Foundation follows me on Twitter

Wednesday January 15 2020
Card of the Day : 3 of Diamonds
Tarot Card of the Day : Justice
Rider Waite Tarot Card of the Day : Knight of Cups
Lenormand Tarot Card of the Day : Heart
Pocket Fortune Teller Card of the Day : Fortune

11:02 a.m.
4474 views of Ingenuity

12:02 a.m.
120 subscribers to my YouTube channel

3:07 p.m.
The Probate Court has finally received a letter from my Attorney Correspondent.
There will be a hearing about moving me to Bristol.

3:41 p.m.
125 subscribers

5:25 p.m.
127 subscribers

6:52 p.m.
4484 views of Ingenuity
128 subscribers

Chapter

Thursday January 16 2020
Posted this online :

#Psychiatry is reprehensible.

Years after #medicinal herb was relegalized in #Connecticut, the state STILL won't go after irrational psychiatrists who #torture people over medical necessity. I'm not afraid of naming names online. The same doctors who torture people by forcing drugs upon them also say, "don't do drugs".

Why not make an example of them?

Here's a list of drug pushing bigots who forcibly drug their targets and say "don't do drugs":

Micheal Edward Balkunas

Christopher L. Yergen

Jeffrey T. Shelton

Enrique J. Tello

Susanne Wargo

John A. Nazarian

Richard J. Miller

Wayne Cotton

NOBODY deserves torture.

Every time the drug pushers refuse to taper the drugs, their targets are forced into hospitals over withdrawal symptoms, thus Post Traumatic Stress Disorder is exacerbated. Not everybody can afford a medicinal cannabis license. PTSD is usually misdiagnosed as "bipolar disorder, schizo affective disorder, and schizophrenia"; the go to misdiagnosis.

The burden of proof is on the doctors, and Probate Judges are unlikely to request evidence since judges are immune to lawsuits.

Medicinal cannabis still prevents paranoia because it's still relaxing, regardless of the placebo effect. The myth of "amotivational syndrome" is backwards, the medical necessity motivates its users. The myth of "impaired concentration" is also backwards.

The CVH abuse scandal was caught on tape. One nutcase is going to jail for what they ALL do

The only lunatics are the staff, not the prisoners. The crazy staff will label anybody else "mentally ill" to shift the blame away from themselves.

Medical necessity isn't "abuse", nobody went "insane" from a relaxing medicinal herb, and repeating a lie won't make it true.

11:07 a.m.

4500 views of Ingenuity

5:50 p.m.

the creeps at Zen Bar are losing customers because of me. They assaulted a "disabled" person and I condemned them online. My brother _____ has agreed to NEVER go to Zen Bar.

My way works

Friday January 17 2020

Card of the Day ; 6 of Hearts

Tarot Card of the Day : reversed Page of Swords

Lenormand Tarot Card of the Day : Fox

Rider Waite Tarot Card of the Day; King of Pentacles

Lenormand Love Tarot Card of the Day ; Child

Pocket Fortune Teller Card of the Day : Loss

1:32 a.m.

Posted this to FB:

The bigots and snobs at Zen Bar won't always get away with it. Assaulting a "disabled" person was the last straw. The creeps at Zen Bar didn't have to PUSH me while I was already leaving. Them TOUCHING me is very INAPPROPRIATE. It's publicly known that these bullies assaulted a "disabled" person, so their reign of terror is ending. I took a stand. Tá fáilte romhat!

6:52 p.m.

4528 views of Ingenuity

10:53 p.m.

4533 views of Ingenuity

Saturday January 18 2020

Card of the Day : 3 of Clubs

Tarot Card of the Day : reversed Judgement

Lenormand Tarot Card of the Day : Child

Rider Waite Tarot Card of the Day : 7 of Cups

Lenormand Love Tarot Card of the Day : Star

Pocket Fortune Teller Card of the Day : Merriment

30 min epsom salt bath

10:29 a.m.

4540 views of Ingenuity

Sunday January 19 2020

Card of the Day ; 8 of Clubs

Tarot Card of the Day : reversed Star

Lenormand Tarot Card of the Day : House

Rider Waite Tarot Card of the Day :10 of Pentacles

Pocket Fortune Teller Card of the Day : Baby

9:57 a.m.

4554 views of Ingenuity

6:19 p.m.

4559 views of Ingenuity

140 subscribers

8:54 p.m.

4566 views of Ingenuity

10:14 p.m.

sent this to _____ :

just need my music heard. I have to be homeless and they'll lock me up for it. I have no choice. I never agreed to reside in that house. They'll charge me rent for solitary confinement as long as they can get away with it. Please disseminate my music. share it. if you will. They'll commit [me] if I go homeless in the winter. I'm very low on options.

Chapter

Monday January 20 2020

Card of the Day ; 5 of Spades

Tarot Card of the Day : reversed 10 of Wands

Lenormand Tarot Card of the Day : Scythe

Rider Waite Tarot Card of the Day : 6 of Wands

Pocket Fortune Teller Card of the Day : Anger

Lenormand Love Card of the Day : Knight

5:43 a.m.

4576 views of Ingenuity

9:11 a.m.

4580 views of Ingenuity

9:38 a.m.

everybody who praises me for my lyrics also has excuses to not join a band with me. Actions speak louder than words.

1:08 p.m.

4586 views of Ingenuity

5:41 p.m.

4597 views of Ingenuity

7:59 p.m.

4600 views of Ingenuity

142 subscribers

Tuesday, January 21 2020

Card of the Day : Jack of Clubs

Tarot Card of the Day : 10 of Wands

Rider Waite Tarot Card of the Day : Page of Cups

Lenormand Tarot Card of the Day : Stork

Pocket Fortune Teller Card of the Day : Thought

12:36 a.m.

147 subscribers

1:30 p.m.

4620 views of Ingenuity

Wednesday January 22 2020

Card of the Day : 2 of Diamonds

Tarot Card of the Day : reversed Knight of Swords

Lenormand Tarot Card of the Day : Cross

Rider Waite Tarot Card of the Day : 6 of Pentacles

Pocket Fortune Teller Card of the Day : Malady

Feb 5 going to Probate Court without representation. My lawyer is a fraud, appointed by the court, and he doesn't return my calls. The hearing is about moving back to my Bristol. Most people don't have to ask a judge for permission to move. This is what can happen to those who speak out against injustice.

9:49 p.m.

4639 views of Ingenuity

Thursday January 23 2020

Card of the Day : 3 of Spades

Tarot Card of the Day : 9 of Wands

Rider Waite Tarot Card of the Day : Ace of Wands

Lenormand Tarot Card of the Day : Letter

Pocket Fortune Teller Card of the Day : Death

3 p.m. February 5 Newington Probate Court

3:11 p.m.

100 followers on SoundCloud

Friday January 24 2020

Card of the Day : 10 of Diamonds

Tarot Card of the Day : reversed 10 of Cups

Rider Waite Tarot Card of the Day : 2 of Pentacles

Lenormand Tarot Card of the Day : Birds

Pocket Fortune Teller Card of the Day : Fidelity

First new moon of the decade

9:15 a.m.

4655 views of Ingenuity

8:56 p.m.

4673 views of Ingenuity

Saturday January 25 2020

Card of the Day : 7 of Clubs

Tarot Card of the Day : the Emperor

Rider Waite Tarot Card of the Day : 5 of Wands

Lenormand Tarot Card of the Day : Tree

Pocket Fortune Teller Card of the Day : Visit

Lenormand Love Tarot Card of the Day : Child

4:38 p.m.

4680 views of Ingenuity

Sunday January 26 2020

Card of the Day : Jack of Diamonds

Tarot Card of the Day : reversed Wheel of Fortune

Rider Waite Tarot Card of the Day : Knight of Wands

Lenormand Tarot Card of the Day : Crossroad (Way)

Pocket Fortune Teller Card of the Day : Jealousy

10:54 a.m.

4685 views of Ingenuity

Still no relief. I've been trapped in the wrong area since October 2017. No break from stress. My money gets wasted on rent for solitary confinement. Nobody told me what I'm falsely accused of. I was forced to sign the lease and nobody warned me I would never be allowed to relax. Due to a Probate Judge illegally appointing a Conservator of Person and Estate, a stranger forces me to suffer anxiety attacks and wastes my money on rent. My own "family" refuses to help, they say "look for a place and move" AFTER being told there's a Conservator of Person and Estate! Still not one moment of peace.

3:42 p.m.

Already wrote songs that never manifested and this lack of fruition doesn't help to motivate me. I don't have a band and nobody even jams so I stopped writing. I doubt anybody will change my mind anytime soon.

6:54 p.m.

4692 views of Ingenuity

Monday January 27 2020

Card of the Day : 4 of Clubs

Tarot Card of the Day : the Lovers

Rider Waite Tarot Card of the Day : 9 of Wands

Lenormand Tarot Card of the Day : Sun

Pocket Fortune Teller Card of the Day : Journey

Lenormand Love Card of the Day : Tree

11:47 a.m.

4698 views of Ingenuity

155 subscribers

Afternoon

cleaned my room

3:59 p.m.

4710 views of Ingenuity

Tuesday January 28 2029

Card of the Day : Queen of Clubs

Tarot Card of the Day : reversed 6 of Pentacles

Rider Waite Tarot Card of the Day : King of
Cups

Lenormand Tarot Card of the Day : Moon

Pocket Fortune Teller Card of the Day : Merriment

Lenormand Love Card of the Day : Birds

6:15 a.m.

4720 views of Ingenuity

158 subscribers

9:50 a.m.

I barely emphasize enough, I'm always up for rising up. I'm entirely down to burn civilized society down. Tis the season for being a Bohemian heathen reaching zen. I listen to the Grateful Dead everyday for tis very heady this way.

12:50 p.m.

4725 views of Ingenuity

12:52 p.m.

990 views of Call for Liberation

Chapter

Wednesday January 29 2020

Card of the Day : 9 of Diamonds

Tarot Card of the Day : reversed 5 of Wands

Rider Waite Tarot Card of the Day : 3 of Pentacles

Lenormand Tarot Card of the Day : Mountain

Pocket Fortune Teller Card of the Day : Widow

Lenormand Love Tarot Card of the Day : Clover

11:07 a.m.

Society doesn't value compassion. Look what happened to me! Nobody even has the decency to provide a relaxing setting. Still no relief. I need a break from the stress. I'm trapped in an improper setting and that's my \$ paying the rent. I never agreed to reside in this house. I need a better setting BEFORE Probate Court on Feb 5 at 3 p.m. I'd have to be calm for the hearing.

11:09 a.m.

4737 views of Ingenuity

160 subscribers to my YouTube channel

5:52 p.m.

4752 views of Ingenuity

6:27 p.m.

Zen Bar has got to go. The bigots deserve much worse than losing customers. Mistreating musicians was bad for business already, and now these snobs assaulted a "disabled" person. I was already leaving BEFORE being PUSHED. That ought to be the last straw. Their rationale was "people were complaining" as if those people couldn't just LOOK THE OTHER WAY. I had paid the cover charge AND spent \$. I had nothing to do on New Years' Eve, so I resorted to Zen Bar. Now they're publicly called out. It's known that the bullies at Zen Bar assaulted a "disabled" person.

7:53 p.m.

\$70 a week down the drain because this is an improper setting. I'd be much sicker without medicinal herb. It's less and less effective as I remain trapped in the wrong area. Medical necessity is going to waste because nobody provides a better setting

Thursday January 30 2020

Card of the Day : 6 of Diamonds

Tarot Card of the Day : reversed 9 of Swords

Rider Waite Tarot Card of the Day : Queen of Wands

Lenormand Tarot Card of the Day : Letter

Pocket Fortune Teller Card of the Day : Jealousy

2:58 a.m.

4760 views of Ingenuity

11:34 a.m.

4765 views of Ingenuity

12:25 p.m.

FB post :

I'm so fed up with #ableism, I might lose my usual cool. After suffering from #discrimination for decades, I don't have to tolerate the #media diminishing my plight by acting like #autism is "no big deal", and I especially don't have to tolerate the media's outrageous claim that autism suddenly pertains to "violent crime" because some bigots said so on the news. #ActuallyAutistic

1:49 p.m.

Awaiting a meeting with Bill Pierce of DMHAS and Jay of Continuum of Care.

4:42 p.m.

I just sent two letters, one to the Department of Public Health and one to the Newington Probate Court

5:31 p.m.

4771 views of Ingenuity

9:29 p.m.

after being assaulted on New Year's Eve, I'm declaring that was the last straw. I'll have to learn to defend myself. If not, I'd remain an easy target.

Chapter

Friday January 31 2020

Card of the Day : 9 of Clubs

Tarot Card of the Day : 9 of Swords

Rider Waite Tarot Card of the Day : 4 of Wands

Lenormand Tarot Card of the Day : Cross

Pocket Fortune Teller Card of the Day : Misfortune

6:44 a.m.

If double standards are better than a lack of standards, that wouldn't be good news for Facebook. There aren't any "standards" on Facebook. Nothing was done about the cyber harassment. Ian Coté accused me of being "creepy" because I'm an autistic savant, and Rachel Kuhr threatened me. My reports were ignored. If I had a choice, I wouldn't use Facebook.

10:32 a.m.

4787 views of Ingenuity

11:08 a.m.

1000 views of Call for Liberation

8:26 p.m.

4804 views of Ingenuity

10:37 p.m.

11 out of 25 correct guessing the colors of cards. Submitted to the leader board on ESP app. I got 14 of 25 correct months ago.

10:51 p.m.

Fear mongering over measles recently replaced because now it's about coronavirus.

Saturday February 1 2020

Card of the Day : Ace of Hearts

Tarot Card of the Day : reversed King of Cups

Rider Waite Tarot Card of the Day : King of Wands

Lenormand Tarot Card of the Day : Crossroads (Way)

Pocket Fortune Teller Card of the Day : Loss

First Quarter Moon

Beginning today :

Mercury Conjunct Natal Mars

Venus Opposition Natal Moon

Sun Square Natal Mercury

9:57 a.m.

4810 views of

6:55 p.m.

4818 views of Ingenuity

8:33 p.m.

Still no relief.

Sunday February 2 2020

Card of the Day : 6 of Hearts

Tarot Card of the Day : reversed 8 of Swords

Lenormand of the Day : Sun

Rider Waite Tarot Card of the Day : 3 of Wands

Pocket Fortune Teller Card of the Day : Misfortune

rare palindrome day

12:34 a.m.

4820 views of Ingenuity

1:37 a.m.

Posted to Facebook :

Still no relief. In the wrong setting, medical necessity goes to waste. Nobody had the decency to provide a break from anxiety attacks. If I were allowed to choose where to reside, I would've done so. I was FORCED into the WRONG AREA and LIED TO. Music and medicinal herb were all I had, so now I have NOTHING. Some "friends" I had! I'll never trust anybody ever again.

Afternoon

heard from _____

The card was Transformation

After rain comes the sun, after caterpillar comes the butterfly

5:33 p.m.

4828 views of Ingenuity

168 subscribers

8:19 p.m.

4834 views of Ingenuity

Monday February 3 2020

Card of the Day : King of Spades

Tarot Card of the Day : the Magician

Lenormand of the Day : Scythe

Rider Waite Tarot Card of the Day : 4 of Pentacles

9:57 p.m.

4853 views of Ingenuity

Tuesday February 4 2020

Card of the Day : 10 of Hearts

Tarot Card of the Day : 3 of Swords

Lenormand of the Day : Stork

Rider Waite Tarot Card of the Day : Queen of Cups

Pocket Fortune Teller Card of the Day : Sweetheart

1:05 p.m.

4859 views of Ingenuity

4:13 p.m.

4861 views of Ingenuity

Wednesday February 5 2020

Card of the Day : 3 of Spades
Tarot Card of the Day : King of Swords
Lenormand of the Day : Cross
Rider Waite Tarot Card of the Day : 8 of Pentacles
Pocket Fortune Teller Card of the Day : Gift

12:52 p.m.

the hearing is at 3 p.m. in Newington still no representation still no relief no last hoorah

1:51 p.m.

172 subscribers on YouTube

3:40 p.m.

The hearing solved nothing. Attorney Katrina Camera lied to the Probate Judge. When I was harassed and stalked, the conservator accused me of "harassment" for calling her office. She claimed to have returned my calls.

Afternoon

_____ sent me some Reiki

Trump was acquitted and his reign of terror continues.

6:23 p.m.

4882 views of Ingenuity

7:21 p.m.

I was on the right track until all improvements were reversed

Thursday February 6 2020

Card of the Day : 8 of Hearts

Tarot Card of the Day : 6 of Swords

Lenormand of the Day : Letter

Rider Waite Tarot Card of the Day : 9 of Cups

Lenormand Love Tarot Card of the Day : Fish

Pocket Fortune Teller Card of the Day : Gift

5:50 a.m.

4888 views of Ingenuity

6:25 a.m.

Posted to Facebook hoping this one will be seen :

STILL not allowed to choose where to reside. I was FORCED into the WRONG AREA and MY money pays rent for an UNBEARABLY IMPROPER SETTING. Medicinal cannabis used to save my life, now it's less and less effective while I rot in the CAGE. Medical necessity only slightly reduces symptoms, and barely so anymore; it's not psychoactive anymore and isn't allowed to be as effective.

2:46 p.m.
4893 views of Ingenuity
175 subscribers

8:27 p.m.
4904 views of Ingenuity.

Friday February 7 2020
Card of the Day : 6 of Hearts
Tarot Card of the Day : reversed King of Cups
Lenormand Love Tarot Card of the Day : Book
Rider Waite Tarot Card of the Day : 4 of Wands
Pocket Fortune Teller Card of the Day : Journey
Lenormand Love Tarot Card of the Day : Woman

6:40 a.m.
4909 views of Ingenuity
1015 views of Call for Liberation

7:30 a.m.
Posted to FB :
ANYBODY can be misdiagnosed so drugs get pushed, people labeled "mentally ill" are more likely to be victims of violence than perpetrators. #Sanism is #discrimination endorsed by the #media. NOBODY deserves torture.
#StopPsychiatry

9:22 a.m.
FB post :
Tickets are already on sale for the music festivals and nobody verified I'd be accompanied. When I appear in public alone, I get assaulted for being an easy target. I'll buy my tickets once I know I won't have to risk getting jumped.

11:08 a.m.
177 subscribers

Noon
going off tobacco today

12:50 p.m.
4920 views of Ingenuity

5:53 p.m.
4927 views of Ingenuity

10:59 p.m.
4931 views of Ingenuity

Another 8th down the drain because I had to rot on a couch doing nothing.

Saturday February 8 2020
Card of the Day : Ace of Clubs
Tarot Card of the Day : reversed Page of Pentacles
Rider Waite Tarot Card of the Day : 3 of Pentacles
Lenormand Tarot Card of the Day : Rider
Pocket Fortune Teller Card of the Day : Fidelity
Lenormand Love Tarot Card of the Day : Star

Posted this to Facebook :

another \$30 down the drain because I had to rot on a couch doing nothing. \$70 a week down the drain. medical necessity gets less and less effective due to improper setting. \$325 to renew the license and it's all going to waste. I'd be much sicker without it. Still not allowed a better setting. Not in many years. Stopped writing because the songs never happen so it's useless.

If I could choose where to reside, I would've done so. I'm FORCED to reside in the WRONG AREA because I'm a POLITICAL PRISONER. Every weekend, I reach out for relief without getting any reply because nobody comprehends that a Conservator of Person and Estate FORCES me to rot in an UNBEARABLE area, subjected to constant anxiety attacks. It's like paying rent for solitary confinement.

If I attended an event alone, I would be an east target (because of my condition). I won't risk it. This is unbelievable. If I could get a break from stress, I could get back on my feet.

10:15 a.m.
4937 views of Ingenuity

12:00 p.m.
Second day off tobacco

12:17 p.m.

so boring when nothing happens thus there's nothing to write about and nobody
chills (and my herb goes to waste) in dystopia. So terrible it's like nonexistence.

Sunday February 9 2020

Card of the Day : 2 of Spades

Tarot Card of the Day : reversed Page of Wands

Rider Waite Tarot Card of the Day : King of Cups

Lenormand Tarot Card of the Day : Crossroad (Way)

Pocket Fortune Teller Card of the Day : Thought

12:38 a.m.

Yet another weekend stuck on a couch doing nothing, then I have to go back to the house I was traumatized in. I try to get a hold of my 0friends and it never happens since FB messenger is broken. I'm forced to reside in the WRONG AREA and I just need a break from stress. I don't drive and if I attend events by myself, I'd get assaulted for being an easy target. I just need to enjoy something so I can recover and get back on my feet.

11:36 a.m.

Sent messages to the few friends I still have, including _____, who was sent this : turns out I get sent back today without relief. I haven't enjoyed anything in a VERY long time. I'd get jumped if I attended events by myself and I'm surrounded by jerks at my house. It's like solitary confinement and charged rent for it. Almost nobody believed me. My own "family" betrayed me. Now I get sent back to that cage today. Not seeing any light at the end of the tunnel.

Noon

3rd day off of tobacco.

1:47 p.m.

I'll snap out of it by spring, I hope.

4:01 p.m.

4947 views of Ingenuity

4:30 p.m.

Nicorette gum is missing and I'm withdrawing

9:15 p.m.

4953 views of Ingenuity

Monday February 10 2020

Card of the Day : Jack of Spades
Tarot Card of the Day : Queen of Pentacles
Rider Waite Tarot Card of the Day : 2 of Swords
Lenormand Tarot Card of the Day : Crossroad (Way)
Pocket Fortune Teller Card of the Day : Ecclesiastic

7:17 a.m.
4960 views of Ingenuity
180 subscribers

10:00 a.m.
1025 views of Call for Liberation

Afternoon
at least I'm drawing again

3:40 p.m.
extra harsh winter blues this year at least it's almost over

7:15 p.m.
found my nicorette gum. Now I'll just finish this pack and then quit.

7:33 p.m.
4981 views of Ingenuity

7:46 p.m.
Posted this to Facebook :
not easy being unfree. I'm forced to reside in the wrong area, isolated from all support, trapped in the same house I was traumatized in. I get snotty replies like "rent is standard" despite that I never agreed to reside in an improper setting. My own "family" betrayed me. It's always "look for a place and move" after I explained there's a Conservator of Person and Estate. I also don't drive. All of my health problems are stress related and I just need a break. I only have a few friends left in real life. This is what I get for being compassionate, the exact opposite is what I get in return. This is what society does to empaths.

8:20 p.m.
I took a risk when I took a stand and I don't regret it. I did the best I could and now I'm unfree, denied better housing, isolated from all support, deprived of any relief; I'm a political prisoner. I sacrificed myself. Stress is killing me here. This is because I had enough compassion to protest. I lost my band, I lost everything. What I did wasn't wrong and I don't regret any of it.

Night

watched Guardians of the Galaxy

Tuesday February 11 2020

Card of the Day : King of Diamonds

Tarot Card of the Day : reversed Ace of Wands

Rider Waite Tarot Card of the Day : 7 of Pentacles

Lenormand Tarot Card of the Day : Tree

Pocket Fortune Teller Card of the Day : Sweetheart

Lenormand Love Tarot Card of the Day : Snake

1:03 a.m.

185 subscribers

2:05 a.m.

lifting weights in the basement

2:30 a.m.

quitting tobacco since I just finished the last of it

6:08 a.m.

500 views of Defy Dystopia

on the exercise bike in the basement

2:30 p.m.

12 hours off of tobacco

5:24 p.m.

It'd require a lot before my faith in humanity can be restored. I don't how know much. A lot, though.

8:30 p.m.

in shock from trauma because nobody provided a relaxing setting. I'm still trapped in the house I was traumatized in. If I hadn't been ignored this entire time, I would've recovered by now. Stress can be fatal and I'm still denied any break from anxiety attacks. It's a situational. It's like paying rent for solitary confinement. I already had PTSD before this. I only have a few friends in real life, those who care and at least try to help. The few of them are appreciated.

Chapter

Wednesday February 12 2020

Card of the Day : Ace of Diamonds

Tarot Card of the Day : reversed 10 of Wands
Rider Waite Tarot Card of the Day : 10 of Cups
Lenormand Tarot Card of the Day : Birds
Pocket Fortune Teller Card of the Day : Money

11:34 p.m.

my wisdom teeth get removed tomorrow and I won't be able to smoke for 2 weeks while my mouth is healing. my metabolism is too fast for medibles. that'll be 2 weeks without medical necessity. Stress is killing me and it's all because I couldn't get a break. I'm dying.

1:01 p.m.

might get next weeks money early and go to the dispensary today

1:48 p.m.

Still haven't been given my \$ and the ride to the dispensary as promised. They close at 6

2:10 p.m.

501 views of Defy Dystopia

2:14 p.m.

finally on my way to the Healing Corner

4:26 p.m.

The weather today was alright.

4:31 p.m.

Writers' block means not doing anything so it's like nonexistence. I didn't really do much besides write. Now that there's nothing to write about, it's just so boring and trivial.

4:47 p.m.

Trump is a jerk and doesn't stop acting like a jerk. It would all go down smoother for some if he would pretend to not be an asshole. Sometimes. At least.

8:08 p.m.

5000 views of Ingenuity!

8:32 p.m.

lying in the dark with sunglasses on

Thursday February 13 2020

Card of the Day : Jack of Hearts
Tarot Card of the Day : 7 of Wands
Rider Waite Tarot Card of the Day : Page of Pentacles
Lenormand Tarot Card of the Day : Letter
Pocket Fortune Teller Card of the Day ; Merriment

4:34 a.m.

Overpopulation really is a problem nobody would deny if it were any other species.
There are too many humans.

_____ sent me some healing and strength during the surgery.

3:42 p.m.

Sent this to _____ :

you sending me the healing kept me alive this (whole) time. Thanks. I dunno about attending events by myself it's too risky. With my defficiency of air, I should socialize more. It doesn't happen when I only have a fee days a time in Bristol. I'm surrounded by jerks and I've been without a break this whole time. This years' winter blues is worse than usual and I don't react well to Valentine's Day. I feel like I'm about to die from stress. I don't even have an outlet to vent when in a writers' block. It's unbearable that I can't even sublimate. Being trapped here will eventually drive me off the deep end. To my credit, I handled this well at first. I'd gather the actual reason almost nobody cares about me is because I'm poor. Authorities don't care that "discrimination is against the law", it's unenforced. Employers refuse to hire me. SSI is my only \$ and nobody's impressed. I literally have very few friends in real life. When I can smoke herb again, I'd rather share it. It's not the same smoking by myself. This setting also is bogus. I've got worse than the usual fear of aging, I wasn't allowed to enjoy my youth, I was locked in cages for most of my life. I'm trying to get some relief while I still can and it hasn't worked yet. Not too late, just close to it. If I could enjoy anything even once more, that'd be better than nothing.

6:09 p.m.

I don't react well to Valentine's Day. Not cool to "rub it in" that not everybody has anything to celebrate. If I could skip it and go directly to St. Patrick's Day, I probably would.

10:34 p.m.

5010 views of Ingenuity

Friday February 14 2020

Card of the Day : Ace of Diamonds
Tarot Card of the Day : reversed 2 of Pentacles
Lenormand Tarot Card of the Day : Cross

Rider Waite Tarot Card of the Day : 6 of Cups
Pocket Fortune Teller Card of the Day : Widower

3:30 a.m.
1037 views of Call for Liberation

11:12 a.m.
5020 views of Ingenuity

_____ reassured me that I'll get out of this stronger.

7:15 p.m.
I believe in a lot yet maybe I need more beliefs because it's not enough? I borrow a lot because it's syncretic yet somehow seems incomplete.

Saturday February 15
Card of the Day : 6 of Clubs
Tarot Card of the Day : 10 of Wands
Rider Waite Tarot Card of the Day : Ace of Swords
Lenormand Tarot Card of the Day : Stork
Pocket Fortune Teller Card of the Day : Merriment
Lenormand Love Tarot Card of the Day : Chest

8:25 a.m.
5030 views of Ingenuity

11:09 a.m.
sent this message to my mother :
I have about 191 subscribers gimme a few months or maybe half a year to get 1000+ subscribers to monetize the channel then I'll pay back the whole debt (at least) Trust me

6:35 p.m.
5040 views of Ingenuity

9:10 p.m.
Listening to binaural beats and isochronic tones and pulses.

11:22 p.m.
5052 views of Ingenuity

Sunday February 16 2020

Card of the Day : King of Diamonds

Tarot Card of the Day : reversed the Devil

Lenormand Tarot Card of the Day : Scythe

Rider Waite Tarot Card of the Day : 2 of Cups

Lenormand Love Tarot Card of the Day : Fox

Pocket Fortune Teller Card of the Day : Unexpted Joy

Mercury retrograde from today until March 9th

1:34 p.m.

1044 views of Call for Liberation

1:38 p.m.

15 push ups

3:35 p.m.

5055 views of Ingenuity

5:45 p.m.

Finally writing again :

We artists search for that something hidden
without fulfillment

We're inadvertantly more distant

from what we search for,

yet hopefully not permanently;

despite being brilliant,

we're not even quite equivalent

to what we seek and reach for,

There's impediment after impediment,

in a manner that's belligerent

6:00 p.m.

FB post :

I finally resumed writing a bit (it'd be easier to climb out of this writer's block if I could get a break from the stress at my house that I'm prevented from moving out of, I leave on the weekends and try to chill, then can't get a hold of anybody with FB messenger since it's garbage)

7:74 p.m.

5059 views of Ingenuity

Monday February 17 2020

Card of the Day : Queen of Diamonds

Tarot Card of the Day : reversed Star

Lenormand Tarot Card of the Day : Snake

Rider Waite Tarot Card of the Day : Page of Cups

Pocket Fortune Teller Card of the Day : Malady

11:48 a.m.

5066 views of Ingenuity

3:00 p.m.

considering deactivating FB since I apparently don't have friends, nobody will chill with me. Not even for an hour or so. I might keep the profile to promote the music page since I obviously can't trust anybody else to do so. I wasn't asking for too much. Nobody cares since I'm poor. I'm denied employment. Not like I could "get a job" like a "normal person"..

Tuesday February 18 2020

3:34 p.m.

I'll post what I will on my own page, I have good reason take a stand against injustice, and I won't be coerced to "let it slide"; never that! If nothing is said about it, nothing is done about it.

headache all day

Wednesday - Thursday

My case manager, Matt Quinn, is unqualified, no experience, and the rationale is that he "had to start somewhere", and he's the only case manager in this house! When I voice my concerns, I get antagonized by being ignored by the phony "case manager" who calls the Mobile Crisis Team instead of managing my case, and he still gets his easy paycheck.

7:34 p.m.

5082 views of Ingenuity

Chapter

Friday February 21 2020

Card of the Day : 5 of Diamonds

Tarot Card of the Day : reversed 5 of Swords

Rider Waite Tarot Card of the Day : King of Pentacles
Lenormand Tarot Card of the Day : Heart
Pocket Fortune Teller Card of the Day : Money
Lenormand Love Tarot Card of the Day : House

3:37 a.m.
5090 views of Ingenuity

11:11 a.m.
sent this message to _____
Reiki helped and I hope I'm not cut off. The 15 min video sums it up. Stress is killing me in this house. I hope we're still friends. I'd be dead if you hadn't sent me the healing.

12:53 p.m.
_____ replied :
Sending you so much healing at this time. You are a soul warrior and you will make it through this. Do you have an address that I can send you something in the mail? I have a protection pendant I want to give you□□□□

Saturday February 22 2020
Card of the Day :
Tarot Card of the Day :
Rider Waite Tarot Card of the Day :
Lenormand Tarot Card of the Day :
Lenormand Love Tarot Card of the Day ; Crossroads

5:29 p.m.
5102 views of Ingenuity

Sunday February 23 2020
Card of the Day : 7 of Hearts
Tarot Card of the Day : 6 of Pentacles reversed
Rider Waite Tarot Card of the Day : 4 of Swords
Lenormand Tarot Card of the Day : Fish
Pocket Fortune Teller Card of the Day : Money

Today, my YouTube channel surpassed 200 subscribers.

9:09 p.m.

5128 views of Ingenuity

Monday February 24 2020

Card of the Day : 7 of Hearts

Tarot Card of the Day : the Moon

Rider Waite Tarot Card of the Day : Judgement

Lenormand Tarot Card of the Day : Tower

Pocket Fortune Teller Card of the Day : House

Lenormand Love Tarot Card of the Day : Fish

9:30 a.m.

5134 views of Ingenuity

12:00 p.m.

210 subscribers

1:17 p.m.

5141 views of Ingenuity

Connecticut Legal Rights Project finally returned my calls today.

8:33 p.m.

5151 views of Ingenuity

Tuesday February 25 2020

Card of the Day : 10 of Diamonds

Tarot Card of the Day : reversed Tower

Rider Waite Tarot Card of the Day : 8 of Swords

Lenormand Tarot Card of the Day : Fish

Pocket Fortune Teller Card of the Day : Lovf

1:27 a.m.

5161 views of Ingenuity

212 subscribers

6:15 a.m.

In real life, #savant syndrome is nothing like how it's portrayed on TV or in movies. I'm fed up with being an easy target Appearing in public alone is terrifying. I never harmed anybody and I'm fed up being labeled a "retard" and a "creep" and told "we don't like your kind around here".

7:29 a.m.

5165 views of Ingenuity

11:08 a.m.
215 subscribers

Springtime 2020 prediction
Queen of Pentacles
Temperance
the Lovers
2 of Pentacles
8 of Pentacles

Wednesday February 26 2020
Card of the Day : 9 of Hearts
Tarot Card of the Day : the Magician
Rider Waite Tarot Card of the Day : the Tower
Lenormand Tarot Card of the Day : Woman
Pocket Fortune Teller Card of the Day : Misfortune
Lenormand Love Tarot Card of the Day : Fox

2:08 a.m.
5175 views of Ingenuity

11:51 a.m.
5180 views of Ingenuity

11:58 a.m.
1053 views of Call for Liberation

noon to evening
sensed something errie

7:14 p.m.
I'm awaiting the necessary evidence to apply for the Compassionate Need Program
so I'd get some amount of free medicinal herb.

8:41 p.m.
5190 views of Ingenuity

Thursday February 27 2020
Card of the Day : 8 of Clubs
Tarot Card of the Day : reversed 9 of Swords

Rider Waite Tarot Card of the Day : Knight of Swords
Lenormand Tarot Card of the Day : Heart
Pocket Fortune Teller Card of the Day : Letter
Lenormand Love Tarot Card of the Day : Child

6:40 a.m.
5204 views of Ingenuity

6:58 a.m.
220 subscribers

9:27 a.m.
lots of nightmares last night and this morning. This from a lack of medicinal herb. In fact, in the nightmares, I couldn't get to the dispensary.

11:36 a.m.
222 subscribers

1:39 p.m.
My mood is improving along with the weather, I'm getting back on the right track, and I'll be back in business soon.

2:46 p.m.
5216 views of Ingenuity
225 subscribers

4:01 p.m.
the "corned beef and cabbage" myth is denigrating. Famine food isn't a "traditon".

5:36 p.m.
5232 views of Ingenuity
225 subscribers

10:18 p.m.
5250 views of Ingenuity

10:43 p.m.
I'm still trapped in the wrong area. This problem would've been solved if enough people had a conscience. I needed a break from the stress so I could recover. Instead, I was harassed in my house because nobody had the decency to bring me to an event so I wouldn't either remain isolated or be easily targeted for attending an event alone. That's my \$ paying rent for this shithole and it's not easy to plan for better housing when still in shock from trauma. My mood is slightly improving due to the weather, but I'm still infuriated by the lack of compassion. I've been betrayed.

Chapter

Friday February 28 2020

Card of the Day : 2 of Spades

Tarot Card of the Day : reversed Ace of Swords

Lenormand Tarot Card of the Day : Ship

Rider Waite Tarot Card of the Day : 3 of Swords

Pocket Fortune Teller Card of the Day : Message

Lenormand Love Tarot Card of the Day ; Letter

10:15 a.m.

5263 views of Ingenuity

10:54 a.m.

228 subscribers

waxing crescent tonight

just barely remembered a dream for a few minutes the other night after not doing so in many months. no idea what suppressed it. the other day, I sensed something wrong, like something eerie. I'm about to go check if anything's moved or missing

7:57

5274 views of Ingenuity

9:15 p.m.

the nicorette gum finally arrived

9:40 p.m.

solar flare storm during mercury retrpgrade

11:15 p.m.

chanted mantras in the basement for about 10 minutes

ate pancakes today

Saturday February 29 2020

Card of the Day : 3 of Clubs

Tarot Card of the Day : reversed 8 of Wands

Lenormand Tarot Card of the Day : Fox

Rider Waite Tarot Card of the Day : the World

Pocket Fortune Teller Card of the Day : Enemy

4:09 a.m.

1061 views of Call for Liberation

pancakes again

1:09 p.m.

25 pushups

2:00 p.m.

5281 views of Ingenuity

5:30 p.m.

it's not like nobody even knows anybody with a car. Yet another weekend down the drain. I get bitched at just for venting and I don't believe nobody's able to help. I never claimed to be the only person with problems. This problem can be solved very easily, yet nobody else has compassion. Why not just bring me to a better setting than this? WtF???? This is a nightmare, so why can't just wake up now?

7:30 p.m.

_____ said she would send me a healing package first thing tomorrow morning.

7:44 p.m.

I'm still waiting to hear after voicing my concerns about violations by a 3rd shifter, Baja, who causes friction.

Baja sleeps on the job, then gives me a hard time for knocking on the door to the office because she had to wake up. Her inappropriate remarks about my family were the last straw. It's alarming enough that she gets paid to sleep. Baja doesn't know me or my family. When my "mother" denied me transportation to Bristol, Baja said, "I don't blame her", so I'll have to report that.

Sunday March 1 2020

Card of the Day : Ace of Spades

Tarot Card of the Day : the Star

Lenormand Tarot Card of the Day : Woman

Rider Waite Tarot Card of the Day : the High Priestess

Pocket Fortune Teller Card of the Day : Thief

Lenormand Love Tarot Card of the Day : Bouquet

7:10 a.m.

5285 views of Ingenuity

9:40 p.m.

called out Dr. Jeffrey Shelton on Google reviews and elsewhere :

Medicinal cannabis saved my life. When Dr. Shelton prescribed pharmaceuticals that caused depression, I smoked herb to improve my mood. When he prescribed pharmaceuticals that impaired concentration, I smoked herb to concentrate. Medical necessity isn't "abuse". The myth of "amotivational syndrome" is backwards. The medical necessity motivates its users. To this day, a prehistoric medicinal herb still prevents paranoia because it's still relaxing. Dr. Shelton will misdiagnose anybody to shift the blame away from himself, and he prefers to prey upon easy targets. His targets are mellow, docile, and passive. Kindness is mistaken for weakness. Dr. Shelton is a bully.

Every time prescribers refused to taper the pharmaceuticals, I was traumatized by involuntary admission to hospitals because of withdrawal symptoms. I finally tapered them myself, and I'm rising above the brutality inflicted upon me. I have a medicinal cannabis license now.

Dr. Shelton is guilty of insurance fraud and worse. The rationale for misdiagnosis is "insurance companies will have to be told they're paying for something". The Department of Public Health has been told about Dr. Shelton and he will hopefully be brought to justice very soon.

12:37 p.m.

230 subscribers to my YouTube channel.

2:45 p.m.

5290 views of Ingenuity

5:51 p.m.

5298 views of Ingenuity

8:50 p.m.

5300 views of Ingenuity

Chapter

Monday March 2 2020

Card of the Day : 9 of Hearts

Tarot Card of the Day : reversed Queen of Cups

Rider Waite Tarot Card of the Day : the Chariot

Lenormand Tarot Card of the Day : Heart

Lenormand Love Tarot Card of the Day ; Mice

Pocket Fortune Teller Card of the Day : Desire

case conference at 10 a.m. solved nothing

went to dispensary

helped my mother move into her new apartment

much better mood today

first quarter moon

river in the backyard, nice change of pace

Tuesday March 3 2020

Card of the Day : 10 of Clubs

Tarot Card of the Day : reversed 10 of Cups

Lenormand Tarot Card of the Day : Ship

Rider Waite Tarot Card of the Day : the Lovers

Lenormand Love Tarot Card of the Day : Gentleman

Pocket Fortune Teller Card of the Day : Malady

returned to Wethersfield this morning

1:00 p.m.

appointment with Dr. John Cahill in New Haven. He prescribed Loxapine as needed. I don't plan to take the risk.

Wednesday March 4 2020

Card of the Day : Jack of Clubs

Tarot Card of the Day : reversed Judgement

Lenormand Tarot Card of the Day : Heart

Rider Waite Tarot Card of the Day : the Empress

Lenormand Love Tarot Card of the Day : Book

Pocket Fortune Teller Tarot Card of the Day : Some Money

11:55 a.m.

5317 views of Ingenuity

Thursday March 5 2020

Card of the Day : 4 of Clubs

Tarot Card of the Day : 2 of Swords

Lenormand Tarot Card of the Day : Woman
Rider Waite Tarot Card of the Day : Wheel of Fortune
Pocket Fortune Teller Tarot Card of the Day : Enemy
Lenormand Love Tarot Card of the Day : Gentleman

10:00 a.m.
5328 views of Ingenuity
235 subscribers

3:17 p.m.
5335 views of Ingenuity

5:04 p.m.
The bullies who work here don't know when to stop. They've already dug a hole for themselves that keeps getting deeper and deeper. They'll try to get revenge as much as they can because they'll eventually be called to account.

The weekend
meditated by a river in Bristol at my mother's new place

Chapter

Tuesday March 10 2020
Card of the Day : 8 of Heatts
Tarot Card of the Day : reversed 4 of Cups
Rider Waite Tarot Card of the Day : the Moon
Lenormand Tarot Card of the Day : Bear
Pocket Fortune Teller Card of the Day : Desire
Lenormand Love Tarot Card of the Day : Lillies

10:08 a.m.
5391 views of Ingenuity

Mercury retrograde ended yesterday and there was a supermoon.

Thursday March 12 2020
Card of the Day : Queen of Diamonds
Tarot Card of the Day : King of Wands
Lenormand Tarot Card of the Day : Tree
Rider Waite Tarot Card of the Day : the Fool
Pocket Fortune Teller Card of the Day : Anger

11:05 a.m.
5400 views of Ingenuity

1:05 p.m.
15 push ups

Friday March 13 2020
Card of the Day : 9 of Spades
Tarot Card of the Day : reversed the Moon
Lenormand Tarot Card of the Day : Garden
Rider Waite Tarot Card of the Day : Death
Lenormand Love Tarot Card of the Day : Heart
Pocket Fortune Teller Tarot Card of the Day : Sweetheart

7:20 a.m.
15 push ups

Still waiting to hear about Compassionate Need Program so I could possibly get free medicinal herb.

9:15 a.m.
15 more push ups

12:11 p.m.
Withdrawing from tobacco again. There's no "mind over matter", tobacco is addictive. The withdrawal symptoms worsen until they taper or until use is resumed. When they taper, that doesn't guarantee the addiction won't resurface. "Willpower" makes no difference. Tobacco addicts don't have a choice.

2:15 p.m.
250 subscribers

Afternoon
The bullies who pretend to "work" here antagonized me all day today. They're rubbing it in that they encouraged Mike Inigo to throw out my belongings while they stayed in the office and got their easy paycheck. Now they won't even give me my own money or a ride to the dispensary.

4:35 p.m.
Yet another FB post I hope somebody who cares will read :
I'm still in a writer's block and denied better housing. I had NEVER agreed to reside in the WRONG AREA. That's MY money paying rent for an UNBEARABLY improper

setting, and I still haven't been told what I'm falsely accused of. If I could move out, I would've. Without creativity, I'm devoid of any outlet. I needed a break from stress this whole time I was told to "look for a place and move" as if it's that simple. I was traumatized in this house and I'm forcibly isolated and constantly antagonized.

Afternoon and evening
Another headache

5:16 p.m.
5417 views of Ingenuity

Evening
Still haven't heard about housing. The only opening is in New Haven, more distant from Bristol. This isn't good.

Saturday March 14 2020
Card of the Day : 2 of Diamonds
Tarot Card of the Day : 3 of Pentacles
Lenormand Tarot Card of the Day : Snake
Rider Waite Tarot Card of the Day : Page of Swords
Pocket Fortune Teller Tarot Card of the Day : Baby
Lenormand Love Tarot Card of the Day : Knight

6:45 a.m.
5424 views of Ingenuity

6:50 a.m.
1070 views of Call for Liberation

6:55 a.m.
20 push ups

9:00 a.m.
The charlatan Joe Rogan encouraged "Dr" Phil, a known hatemonger. Unlicensed psychologist and bully "Dr" Phil has no idea the first medical necessity will never "impair concentration", he would recant his lies if he had difficulty concentrating. The first medical necessity will never "cause paranoia", NOBODY gets "paranoid" from a relaxing medicinal herb that'll always prevent paranoia because it'll always be relaxing. The myth of "ammotivational syndrome" is backwards. The first medical necessity motivates its users. The safest and most effective medical necessity will never be "harmful", exploting people by broadcasting their problems on TV is harmful. Unlicensed psychologist and bully "Dr" Phil ruins lives. At least Jerry Springer ADMITS his show is garbage! Joe Rogan ought to stop pretending to

smoke weed, he encouraged "Dr" Phil by allowing him another outlet to endorse bigotry and hatred!

Afternoon
meditated by the river

4:30
smoked weed and studied Gaeilge for about an hour or so

Evening
withdrawing from tobacco

Sunday March 15 2020
Card of the Day : 3 of Diamonds
Tarot Card of the Day ; the Emperor
Rider Waite Tarot Card of the Day : the Star
Lenormand Tarot Card of the Day : Scythe
Pocket Fortune Teller Tarot Card of the Day : Loss

Morning
10 push ups

8:07 p.m.
254 subscribers to my YouTube channel

8:43 p.m.
5442 views of Ingenuity

9:57 p.m.
30 push ups

10:18 p.m.
20 push ups

circa 11:20 p.m.
smoked some weed

circa 11:45 p.m.
I'm trying climbing out of a writer's block
relying on the raithneach
in the middle of the night
I call upon my Second Sight
Embolden the squadron

to congregate at the cauldron
to smoke the raithneach I brought in
I'm into oneiromancing,
jamming, and enhancing the rebellion,
Almost maniacal dancing occurs
when there's more than revolution or insurrection

Chapter

Monday March 16 2020

Card of the Day : 5 of Clubs

Tarot Card of the Day : reversed 5 of Pentacles

Rider Waite Tarot Card of the Day : 7 of Swords

Lenormand Tarot Card of the Day : Stork

Pocket Fortune Teller Tarot Card of the Day : Widow

Lenormand Love Tarot Card of the Day : Ship

Midnight
meditating

6:50 a.m.
5442 views of Ingenuity

long line at the dispensary

Governor Ned Lamont shut down the schools

Tuesday March 17 2020 (St Patrick's Day)

Card of the Day : 10 of Spades

Tarot Card of the Day : reversed 3 of Cups

Rider Waite Tarot Card of the Day : the Magician

Lenormand Tarot Card of the Day : Cross

Pocket Fortune Teller Tarot Card of the Day : Desire

Morning
Tis snowing. I'm out of herb, on tolerance break.

Lamont closed restaurants, gyms, casinos

studying Geailge on DuoLingo

3:40 p.m.

Nightmares all day.

4:47 p.m.
5467 views of Ingenuity
258 subscribers

5:56 p.m.
260 subscribers

Evening
I might have to move to New Haven. I submitted an application.

6:30 p.m.
20 push ups

7:30 p.m.
5471 views of Ingenuity

9:41 p.m.
1078 views of Call for Liberation

Wednesday March 18 2020
Card of the Day : 3 of Diamonds
Tarot Card of the Day : reversed Page of Swords
Rider Waite Tarot Card of the Day : the Hanged Man
Lenormand Tarot Card of the Day : Letter
Pocket Fortune Teller Tarot Card of the Day : Unexpected Joy
Lenormand Love Tarot Card of the Day : Star

Second day on tolerance break.

11:50 a.m.
266 subscribers to my YouTube channle
5488 views of Ingenuity

2:21 p.m.
270 subscribers

3:18 p.m.
5492 views of Ingenuity

4:09 p.m.
1080 views of Call for Liberation

5:11 p.m.

This house is especially unbearable without medicinal herb, and I don't even have a guaranteed ride to the dispensary on Friday. I'm also withdrawing from tobacco.

5:26 p.m.

5501 views of Ingenuity

7:47 p.m.

5507 views of Ingenuity

8:48 p.m.

5511 views of Ingenuity

Thursday March 19 2020

Card of the Day : Ace of Spades

Tarot Card of the Day : King of Pentacles

Rider Waite Tarot Card of the Day : Knight of Swords

Lenormand Tarot Card of the Day : Book

Pocket Fortune Teller Tarot Card of the Day : Ecclesiastic

7:21 a.m.

5520 views of Ingenuity

8:00 a.m.

10 push ups

9:50 a.m.

Studying Geailge on DuoLingo

3:37 p.m.

273 subscribers

4:00 p.m.

5527 views of Ingenuity

5:42 p.m.

277 subscribers

7:14 p.m.

15 push ups

Evening

I studied Gaeilge via DuoLingo.

8:00 p.m.

5532 views of Ingenuity

8:46 p.m.

5537 views of Ingenuity

8:49 p.m.

1091 views of Call for Liberation

9:22 p.m.

555 views of Defy Dystopia

9:49 p.m.

Coronavirus is an invalid excuse, not a reason.

Friday March 20 2020

Card of the Day : 7 of Spades

Tarot Card of the Day : reversed 8 of Swords

Rider Waite Tarot Card of the Day : 4 of Cups

Lenormand Tarot Card of the Day : Moon

Pocket Fortune Teller Tarot Card of the Day : Some money

Lenormand Love Tarot Card of the Day : Crossroads

today, I begin timing how long I can last without tobacco as of 11:00 a.m. when I head to the dispensary

4:53 a.m.

5548 views of Ingenuity

5:30 a.m.

10 push ups

5:39 p.m.

another 10 push ups

5:58 p.m.

279 subscribers

6:00 a.m.

lifted weights in the basement

6:20 a.m.
on the swingset at the park

6:58 a.m.
20 push ups

7:54 a.m.
If I were nobody important, my mail wouldn't have been intercepted. That's a federal crime.

9:27 a.m.
5551 views of Ingenuity
281 subscribers

11:00 a.m.
On my way to the dispensary. Been without tobacco for awhile.

circa 11:40
at the dispensary, I asked about the Compassionate Care Program. Or Compassionate Need Program (?). I was told the letter should've arrived within one week. I submitted the application about a month ago.

circa 4:30 p.m.
After withdrawing all dat, scavenged tobacco. The nicotine gum doesn't reduce the withdrawal symptoms.

Headache and tobacco withdrawal interfered, so no relief; except that I wrote a bit. Almost felt a bit better until the tobacco withdrawal got unbearable, then I got a headache. That was my last \$25 until Monday. I was on tolerance break from Tuesday until Friday. Now I'll do so again until Monday, then try again.

8:54 p.m.
studied Geailge

circa 10:10 p.m.
Finally wrote a bit :
the populace is so polarized by those who told them lies
some who are enlightened might mobilize
and go to Papua New Guinea where the ropens are known to fly

10:24 p.m.
MMA fighter Nick Catonemma sues Facebook for kicking him off

11:00 p.m.

Today I ate kiwis, oranges, cookies, and pretzels

circa 11:30 p.m.

took 10 mg of Loxapine, reluctantly

Saturday

Card of the Day : 9 of Clubs

Tarot Card of the Day : the Queen of Swords

Rider Waite Tarot Card of the Day : the Tower

Lenormand Tarot Card of the Day : Sun

Pocket Fortune Teller Tarot Card of the Day : Visit

Lenormand Love Tarot Card of the Day : Fox

The morning

FB post :

Humans are social animals. The conditions humanity evolved under were nothing like the #dystopia and I was already harmed by forced isolation before the quarantines. Now that events are shut down, everybody else can know what it's been like for me this whole time being a political prisoner while a conservator wasted my money on rent as I was traumatized and not allowed to move out. The Probate Court won't allow me representation.

circa 8:50 a.m.

Using cartomancy to determine if I'd been cursed or not, the bad news is in.

Removed Jokers from deck.

Shuffled cards thinking about it and asking if I had been cursed.

Stacked cards until I got either an Ace or 10 in the stack until I had 3 stacks. There were 2 Aces. If it were zero Aces, that'd mean no curse. 2 out of 3 Aces meant a 66.6 percent chance of a curse.

11:49 a.m.

FB post :

Before anybody even mentioned #coronavirus, I was forcibly isolated and repeatedly traumatized in a house I didn't choose. That's what society inflicts upon me already, regardless of any virus. I'm was never willingly reclusive, I was excluded before any #quarantine.

2:54 p.m.

5580 views of Ingenuity

8:12 p.m.

5592 views of Ingenuity

Sunday March 22 2020

Card of the Day : 8 of Spades

Tarot Card of the Day : reversed Queen of Wands

Rider Waite Tarot Card of the Day ; 8 of Swords

Lenormand Tarot Card of the Day : Crossroad

Pocket Fortune Teller Card of the Day : Some money

Lenormand Love Tarot Card of the Day : Dog

6:00 a.m.

5595 views of Ingenuity

8:45 a.m.

287 subscribers

9:40 a.m.

290 subscribers

circa 10:00 a.m.

studying Geailge on DuoLingo

12:12 p.m.

5600 views of Ingenuity

2:17 p.m.

295 subscribers to my YouTube channel

2:28 p.m.

FB post :

The pro-vaxx #media denigrates everybody with #autism. We're portrayed as "monsters who shoot children". The #pharmaceutical industry OWNS the media. The pro-vaxxers are taught to hate and fear everybody with autism. They obviously don't want to be like us, so they deny that #vaccines are the main cause of autism. They're terrified of us for the same reason they're afraid of a temporary ailment that causes a fever and a rash for less than 2 weeks and then never resurfaces. #Measles is rarely fatal, rarely severe, and survivors never catch the same #virus again, they have lifelong #immunity because they've already survived measles, and they're less susceptible to #diseases such as Parkinson's #disease and #cancer because they've been through the measles, thus they're protected; hence I don't give any credence to the myth that a temporary ailment could possibly be worse than being hated and feared by the pro-vaxx populace. Deaths from viruses already

declined by 90 percent BEFORE vaccines. #Sanitation #hygiene, and #nutrition saved many lives.

2:40 p.m.
5608 views of Ingenuity on YouTube

circa 3 p.m.
studying Geailge

3:11 p.m.
297 subscribers

4:56 p.m.
300 subscribers

5:10 p.m.
5618 views of Ingenuity

7:44 p.m.
5630 views of Ingenuity

8:08 p.m.
Since stealing mail is a federal crime, I'd gather only the feds themselves could definitely get away with it. Why I'm considered important enough to be targeted like THIS is beyond my comprehension.

circa 8:20 p.m.
Claiming to be a "fact checker" need not be confused with BEING one. Snopes is garbage.

circa 9:00 p.m.
Posted this on the FB page :
When I try to delete posts from this page, that usually fails. I sent a bug report months ago. I didn't intend that everything posted remain on the page. I also type so fast there's missing words and typos and et cetera.

Psychedelic therapy could help revive whatever positive memories I might've had before they were expelled and replaced by traumatic memories. I don't vividly remember enjoying anything. Post Traumatic Stress Disorder was exacerbated to extremes. I have only a vague, askew recollection of anything else besides trauma.

Chapter

Monday March 23 2020

Card of the Day : Queen of Spades

Tarot Card of the Day: reversed Ace of Wands

Rider Waite Tarot Card of the Day : Judgement

Lenormand Tarot Card of the Day : Tree

Pocket Fortune Teller Tarot Card of the Day : Anger

Lenormand Love Tarot Card of the Day : Garden

Snowing and sleeting today until the afternoon

11:50 a.m.

5650 views of Ingenuity

On my way to the dispensary

Tuesday March 24 2020

Card of the Day : 5 of Hearts

Tarot Card of the Day : the High Priestess

Rider Waite Tarot Card of the Day : 4 of Swords

Lenormand Tarot Card of the Day : Book

Pocket Fortune Teller Card of the Day : Loss

tolerance break, probably until either Friday or next Monday

Wednesday

March 25 2020

Card of the Day : Queen of Clubs

Tarot Card of the Day : the Empress

Lenormand Tarot Card of the Day : Letter

Rider Waite Tarot Card of the Day : 3 of Cups

Pocket Fortune Teller Card of the Day ; House

I have to avoid the stress and tobacco withdrawal, somehow, so I slept all day. I woke up withdrawing. The gum doesn't reduce withdrawal symptoms. Today, I called the Post Office to report intercepted mail. I also called the Healing Corner to pre-order an 8th.

Afternoon

5665 views of Ingenuity

8:25 p.m.
5678 views of Ingenuity

Chapter

Thursday March 26 2020

Card of the Day : Jack of Hearts

Tarot Card of the Day : Queen of Pentacles

Rider Waite Tarot Card of the Day : King of Pentacles

Lenormand Tarot Card of the Day : Cross

Pocket Fortune Teller Tarot Card of the Day : Judge

7:54 a.m.

flu killed 10x more people than coronavirus and the press causes mass hysteria about coronavirus just to sell vaccines. A few months ago, the fearmongering was about measles.

10:25 a.m.

45 push ups

1:23 p.m.

I question if I can get through this. \$26 and a ride to the dispensary could save my life, at least for now.

Afternoon

I called the dispensary today and suddenly, letters aren't sent regarding these applications. That's not what I was told before at least twice. I had someone look up if I'd been approved or not, and it's unknown thus far. I'll wait

3:27 p.m.

I didn't eat today. I'm preparing to hunger strike if necessary. I might resume eating tomorrow. I just need to know I can bear the pain.

Afternoon

created a new video for Defy Dystopia. posted to YouTube and elsewhere

Evening

called the Post Office again and there will be an investigation about the stolen mail

6:11 p.m.

5700 subscribers

6:55 p.m.

been about a full day without eating, so there's a step towards handling a hunger strike

circa 7:15 p.m.

ate just a little bit

8:06 p.m.

5707 views of Ingenuity

Friday March 27 2020

Card of the Day : 3 of Hearts

Tarot Card of the Day : reversed the Empress

Lenormand Tarot Card of the Day : Stork

Rider Waite Tarot Card of the Day : 7 of Cups

Pocket Fortune Teller Tarot Card of the Day : Fidelity

circa 4:35 a.m.

Woke up withdrawing from tobacco.

circa 6:00 a.m.

40 push ups

circa 8:30 a.m.

Posted this online because I want it known what's been inflicted upon me :

I don't remember enjoying anything. I only remember trauma. I was already forcibly isolated before anybody even mentioned coronavirus. I just needed a ride out of the cage. I recieved nothing but snotty replies like "rent is standard" and "look for a place and move" and "talk to your case manager". My money pays rent for solitary confinement because a lawyer has my money. The Probate Court appointed a stranger to ruin my life at the behest of white supremacists who think jazz musicians and Mexicans are "out to get" them. Community Mental Health Affiliates, a hate group, sent bigots to lie under oath. The judge encouraged perjury. Medicinal herb saved my life until I was yet again traumatized in this house. CMHA discharged me to Continuum of Care in 2015. Since October of 2017, I've been trapped in the wrong area. I was forced to share a house with a bully who threw out my belongings, stalked me by waiting for me at a park and even pulled down to his pants to indecently expose himself. Medicinal herb gets less and less effective while I rot in the cage. There's no enjoying anything here.

11:50 a.m.

I finally have my last \$30 until April, so I don't know what I'll do next week

3:56 p.m.

smoked some herb, so I'm feeling better. This hybrid called Sherbrid works wonders, especially for PTSD. My thoughts are much better.

planning next week's budget

exercising throughout the day

evening, circa 5 p.m.

Cartomancy again and all 3 aces

So how to remove the curse?

King of Spades

6 of Spades

6 of Hearts

song Shortening Bread resurfaced memory for unknown reason

--

Saturday March 28 2020

Card of the Day : King of Diamonds

Tarot Card of the Day : Judgement

Rider Waite Tarot Card of the Day : the Sun

Lenormand Tarot Card of the Day : Scythe

morning

45 push ups

jogged at the cove park

used the exercise bike in the basement

early afternoon

beginning removal of curse

4:47 p.m.

Today, the it was determined that the water heater was turned off in the basement

5:54 p.m.

5742 views of Ingenuity

Evening

30 push ups

7:49 p.m.

Trump considering "enforceable quarantine" for tri state area

Chapter

Sunday, March 29 2020

Card of the Day : 7 of Diamonds

Tarot Card of the Day ; Ace of Wands

Rider Waite Tarot Card of the Day : 5 of Swords

Lenormand Tarot Card of the Day : Snake

Pocket Fortune Teller Tarot Card of the Day : Widow

That Sherbrid worked wonders on Friday. Today is second day without herb.

7:18 a.m.

30 push ups

7:50 a.m.

the moon is a waxing crescent

circa 2:00 p.m.

The other day, I did the cartomancy again and all 3 aces now. I suspect it's an inherited curse on Mayflower descendantds I unfortunatly am one; hence my surname, Tucker is apparently English . I don't know much about that side of the family's history and what I do know is negative. At least I verified that I wasn't wrong. The medical conditions aside, there's also at least one curse. It causes undeserved negative reputation, bad luck, constant headaches, loneliness, abject poverty regardless of either hard work and / or talent, et cetera. Yeah, sounds like a curse or maybe more than one. It might be more than the Mayflower descendant's curse. Might also be karmic debt I tried hypnotherapy to remember past lives and I couldn't. There's blockages when I try to meditate. Every time I tried, it was prevented.

4:24 p.m.

5750 views of Ingenuity

6:43 p.m.

the more recent video for Defy Dystopia got 40 views in 3 days

9:55 p.m.

5757 views of Ingenuity

Monday March 30 2020

Card of the Day : 6 of Clubs

Tarot Card of the Day : 3 of Wands

Rider Waite Tarot Card of the Day : Page of Cups

Lenormand Tarot Card of the Day : Child

Pocket Fortune Teller Card of the Day : Fidelity

Lenormand Love Tarot Card of the Day: Scepter

circa 4:30 a.m.

woke up, then went back to sleep

circa 6:50 a.m.

just awoke from a dream that included an evil leperchaun chasing me while jumping and I saw some dinosaurs on an 18 wheeler, not actual dinosaurs, they were imitations and there was some sort of park with them in it

11:04 a.m.

The manager of my house, Leann Farley, lied to me last Friday by promising I wouldn't be broke this week, now I'm broke until the check arrives for April.

2:11 p.m.

Leann arrived about 15 minutes ago to antagonize me in person. I'd get locked up and tortured again if I discharged myself. This because I'm an easy target.

Afternoon

took a nap to dodge stress and tobacco withdrawal

5:15 p.m.

5778 views of Ingenuity

6:30 p.m.

Domestic violence is increasing because people are told to stay home and events are shut down. The coronavirus lockdown is a green light for abuse. That's unacceptable.

The good news includes that with less cars on the road, there's less air pollution.

6:45 p.m.

I was already forcibly isolated before anybody mentioned coronavirus. Anybody who refused to help me is expected to dodge the question, "how do YOU like it"?

circa 7:00 p.m.

20 push ups

9:58 p.m.

been without medicinal herb since Saturday morning and I'm considered symptoms could resurface

Tuesday, March 31 2020

Card of the Day : 7 of Diamonds

Tarot Card of the Day : Ace of Cups

Rider Waite Tarot Card of the Day : 6 of Pentacles

Lenormand Tarot Card of the Day : Fox

Pocket Fortune Teller Tarot Card of the Day : Love

6:33 a.m.

5787 views of Ingenuity

circa 6:45 a.m.

studying Geailge on DuoLingo

circa 8:00 a.m.

Without the media's #fearmongering campaign, there would still be demonstrations and more. The mass #hysteria the press caused prevents mobilization. This isn't about #coronavirus.

circa 8:18 a.m.

at least I wrote a bit this morning (it's a 3 day)

the quarantine isn't about coronavirus,
it's how the corporate war machine prevents demonstrations and riots,
shame on anyone who wouldn't mobilize in the streets to protest
the fearmongering and bold faced lies;
the pharmaceutical industry funds the press

circa noon

ground scored a hamsa (a hand with an eye on the palm) while taking a walk

circa early afternoon

30 push ups

circa 1:00 p.m.

I had to borrow \$20 from petty cash for cigarettes and the piece of a phone charger that broke. At least now I have cigarettes

h

3:28 p.m.

I have no idea how I'll get through the rest of this week, much less beyond that

4:01 p.m.

318 subscribers on YouTube

circa early evening

45 push ups

6:43 p.m.

Without medical necessity since Saturday morning and if my check arrives late, I'd be without it for much too long. To my credit, I handle this quite well

circa 7:15 p.m.

Posted this to social media :

As an #autistic person, I'm fed up with pro-vaxx cyber bullies accusing me of "demonizing" #autism as if I would "demonize" myself. They claim they'd "rather be autistic than dead" like they've never heard of other possibilities besides autism and death. #vaccinescankillandharm

circa 7:45 p.m.

25 push ups

8:12 p.m.

5796 views of Ingenuity

circa 8:30 p.m.

lifted weights in the basement

8:43 p.m.

current situation in life :
woman, stork, tower

circa 8:45 p.m.

20 push ups

circa 10:00 p.m.

lifted weights in the basement

10:11 p.m.

15 push ups

circa 8:55 p.m.

studying Geailge

10:42 p.m.
5804 views of Ingenuity

11:54 p.m.
resorted to Loxapine tonight and just barely a bit drowsy now

Chapter

Wednesday, April 1 2020

Card of the Day : 6 of Spades

Tarot Card of the Day : Death

Rider Waite Tarot Card of the Day : Knight of Cups

Lenormand Tarot Card of the Day : Cross

Pocker Fortune Teller Tarot Card of the Day ; Thought

Lenormand Love Tarot Card of the Day : Ship

circa 1:30 a.m.
woke up after less than 2 hours of sleep

circa 2:05 a.m.
lifted weights in the basement

2:17 a.m.
10 push ups

circa 2:50 a.m.
studying Geailge

3:11 a.m.
5811 views of Ingenuity

circa 3:40 a.m.
couldn't go back to sleep, so I lifted weights in the basement again

4:07 a.m.
321 subscribers

circa 4:50 a.m.
resumed lifting weights in the basement

5:01 a.m.
listening to isochronic tones for peak mental performance

5:24 p.m.

first quarter moon in Cancer

circa 6:09 a.m.

many deaths were misattributed to #coronavirus when elderly people with other health problems also had coronavirus. They didn't die from coronavirus, they died with coronavirus. When #lawmakers #capitalize upon mass #hysteria to #mandate a coronavirus #vaccine, I'll remember they lied and many quickly recovered from said #virus without any vaccine. The #media's #fearmongering campaigns reoccur constantly. I don't believe the #hype. The actual death toll is much lower than portrayed.

6:18 a.m.

325 subscribers

8:33 a.m.

330 subscribers

9:01 a.m.

5817 views of Ingenuity

circa 10:40 a.m.

my case manager, Matt Quinn, gave me a pair of headphones. It's not like he's always a jerk.

circa 11:13 a.m.

50 push ups

12:29 p.m.

5830 views of Ingenuity

331 subscribers

Afternoon

cleaned my room a bit

4:33 p.m.

just woke up from a nap

Bill Pierce of DMHAS didn't address my grievance about Continuum of Care, it was swept under the rug

4:59 p.m.

_____ is sending distance Reiki to up to 7 people, and she sent me some today. My guides are with me

circa 5:35 p.m.

April 2020 5 card spread
Queen of Diamonds
9 of Hearts
Jack of Hearts
10 of Clubs
Jack of Diamonds

6:05 p.m.
5839 views of Ingenuity

circa 6:20 p.m.
15 push ups

circa 6:45 p.m.
cleaned the living room and the dining room, one of my weekly chores

Thursday, April 2 2020
Card of the Day : Queen of Clubs
Tarot Card of the Day : Temperance
Lenormand Tarot Card of the Day : Stork
Rider Waite Tarot Card of the Day : 5 of Pentacles
Pocket Fortune Teller Card of the Day : Baby

morning
woke up at about 2 a.m.
5848 views of Ingenuity
lifted weights in the basement
did 30 push ups, then another 20 awhile later

4:01 a.m.
the moon is currently a waxing gibbous

circa 6:05 a.m.
I'm being antagonized by Leann yet again. She's threatening that I would have to pay a fine for literally NO REASON! Just because a match fell out of my pocket in the basement doesn't mean any damage occurred

8:21 a.m.
5852 views of Ingenuity

8:48 a.m.

turns out, surviving covid-19 would mean never catching the same virus again due to the lifelong immunity for survivors, as with many viruses. The media didn't mention that millions who recovered are immunized for life.

8:53 a.m.

my solar plexus chakra is where blockages are

circa 10:00 a.m.

5855 views of Ingenuity

10:34 a.m.

Waiting to hear from Jay about the opening in New Haven since I'll have to find better housing in the short run before planning to do so in the long run. It's necessary to get out of the house I'm at now.

11:15 a.m.

337 subscribers

1:25 p.m.

5863 views of Ingenuity

circa 4:35 p.m.

woke up from a nap

4:44 p.m.

got back inside and saw 4:44 on my phone when checking how charged it was

5:09 p.m.

5879 views of Ingenuity

5:12 p.m.

1120 views of Call for Liberation

circa 5:30 p.m.

10 push ups

6:00 p.m.

lifting weights in the basement

Dinner

white potatoes, carrots, peas, and an apple

8:02 p.m.

339 subscribers

9:42 p.m.
5888 views of Ingenuity

11:09 p.m.
5894 views of Ingenuity

Chapter

Friday April 3 2020
Card of the Day : Queen of Hearts
Tarot Card of the Day : 2 of Pentacles
Rider Waite Tarot Card of the Day : 2 of Wands
Lenormand Tarot Card of the Day : Moon
Pocket Fortune Teller Tarot Card of the Day : Desire

dreamed I almost drowned, and was given CPR while still underwater. Also in the dream, there was a building with many floors

5:14 a.m.
345 subscribers on YouTube

8:03 a.m.
5909 views of Ingenuity

circa 8:40 a.m.
studying Geailge

10:18 a.m.
350 subscribers

I wrote a bit today (it's a 3 day)

Dinner
oatmeal with honey

Saturday April 4 2020
Card of the Day : 10 of Diamonds
Tarot Card of the Day : reversed King of Cups
Lenormand Tarot Card of the Day : Sun
Rider Waite Tarot Card of the Day : Ace of Pentacles
Pocket Fortune Teller Card of the Day : Judge

circa 4:20 a.m.
wake and bake

4:30 a.m.
30 push ups

finished my 8th of sherbrid

Today
lost my keys, Janeika (who works here) found them and brought them to the office,
then gave them back when I woke up from my nap

hot cocoa

3:45 p.m.
20 push ups

5:12 p.m.
5297 views of Ingenuity

circa 7:10 p.m.
20 push ups

7:47 p.m.
might join millions of meditators at the precise moment of the Jupiter/Pluto
conjunction which is 10:45 pm April 4th Eastern Standard Time (New York)

circa 10:05 p.m. - 10:20 p.m.
studying Geilge

fell asleep, couldn't join the meditators

Sunday April 5 2020
Card of the Day : Queen of Hearts
Tarot Card of the Day : the Emperor
Lemormand Tarot Card of the Day : Crossroad
Rider Waite Tarot Card of the Day : 6 of Wands
Pocket Fortune Teller Card of the Day : Sweethearth

circa 4:10 a.m.
5729 views of Ingenuity

circa 9:50 a.m.

woke up again

circa 11:20 a.m.

145 push ups

circa 1:40 p.m.

studying Geailge

2:00 p.m.

355 subscribers

3:15 p.m.

5935 views of Ingenuity

4:39 p.m.

still withdrawing from tobacco

4:55 p.m.

358 subscribers

circa 5:07 p.m.

20 push ups

5:29 p.m.

5940 views of Ingenuity

6:52 p.m.

tobacco withdrawal is ruining my mood

Chapter

Monday April 6 2020

Card of the Day : Ace of Spades

Tarot Card of the Day : the Star

Lenormand Tarot Card of the Day : Tree

Rider Waite Tarot Card of the Day : Page of Cups

Pocket Fortune Teller Tarot Card of the Day : Anger

woke up with tobacco withdrawal

4:48 a.m.

5957 views of Ingenuity

circa 5:20 a.m.

20 push ups

circa 6:00 a.m.
took a bath

circa 6:40 a.m.
studying Geailge, reached a 7 day streak

circa 8:00 a.m.
359 subscribers on YouTube

circa 8:07 a.m.
studying Geailge

8:36 a.m.
still withdrawing from tobacco

9:50 a.m.
360 subscribers

10:44 a.m.
I feel like I'm about to jump out of my skin. Tobacco is addictive, not a choice!

circa 11:30 a.m.
I had to borrow from petty cash again to get cigarettes

circa 12:00 p.m.
pre ordered an 8th for \$33 and it won't be available until tomorrow

one of the videos for Defy Dystopia was deleted

circa 1:00 p.m.
15 push ups

circa 2:20 p.m.
woke up from a nap, just in time to catch 2:22 on the clock

on tolerance break until I get my herb

3:19 p.m.
5965 views of Ingenuity
363 subscribers

3:26 p.m.
the package from _____ never arrived

4:00 p.m.
25 push ups

circa 4:15 p.m.
went jogging

4:44
returned just in time to catch 4:44 on the clock, precisely

eating flax, hemp, and chia seeds

circa 6:10 p.m.
15 push ups

6:50 p.m.
5971 views of Ingenuity
364 subscribers

circa 7:30 p.m.
on the swingset at the park defying dystopia!

tomorrow, a full moon in Libra

9:42 p.m.
5979 views of Ingenuity

10:01 p.m.
5981 views of Ingenuity

Tuesday March 7 2020

Card of the Day : Ace of Diamonds

Tarot Card of the Day : reversed the Moon

Lenormand Tarot Card of the Day : Birds

Rider Waite Tarot Card of the Day : 6 of Pentacles

Pocket Fortune Teller Tarot Card of the Day : Constancy

Lenormand Love Tarot Card of the Day : Mountain

3:07 a.m.
5986 views of Ingenuity

circa 3:15 a.m.
15 push ups

circa 4:40 a.m.
another 15 push ups

circa 5:30 a.m.
lifting weights in the basement

circa 5:45 a.m.
studying Geailge

circa 5:50 a.m.
foeecast for nearest events
Past : House
Present : Clover
Future : Boquet

Morning
lifting weights in the basement

circa 6:30 a.m.
pro-vaccine propagandists stoop so low,
they pretend to be autistic,
as if wearing blackface like Jim Crow
they denigrate people with said condition,
then pretend to be whom they hate and fear,
like they don't realize that's a contradiction

7:57 a.m.
365 subscribers

circa 8:10 a.m.
studying Geailge

circa 8:20 a.m.
5990 views of Ingenuity
366 subscribers

8:45 a.m.
symptoms are resurfacing due to the lack of medicinal herb

circa 9:00 a.m.
resorted to Loxapine and Hydroxyzine because taking a nap might be my only option
until I can get medicinal herb.

circa 10:20 a.m.

horrific anxiety attack. Carolyn from the conservator's office said she would transfer \$100, she didn't specify where she'd transfer it

circa 11:18 a.m.

Carolyn called back, no transfer. She forgot I have no debit card.

circa 12:00 p.m.

woke up from a nap and the ptsd symptoms are back with a vengeance

circa 2:25 p.m.

woke up from another nap

circa 2:57 p.m.

370 subscribers

4:13 p.m.

the playground is fenced off at the park. How stupid.

circa 4:22 p.m.

post to social media :

#Vaccinators inflicted revenge upon #Samoa for banning a vaccine that killed two babies. The state of emergency in Samoa was because of vaccine strain #measles, not the wild #virus. #UNICEF forced vaccines upon Samoa, causing the #outbreak.

<https://www.dailymail.co.uk/news/article-5937461/Samoa-halts-vaccines-MMR-two-babies-die-minutes-receiving-routine-shot.html>

4:31 p.m.

6004 views of Ingenuity

circa 6:25 p.m.

woke up from another nap

circa 7:00 p.m.

lifting weights in the basement

circa 7:50 p.m.

studying Geailge

7:57 p.m.

advanced to Gold League on DuoLingo

circa 8:20 p.m.

posted this to social media :

at least once a year, the #media says to be afraid of a virus. The actual #pandemic is #fearmongering, and #coronavirus is getting milked like the attacks on 9/11/01. The mass #hysteria the #press has caused is inherently absurd.

circa 8:55 p.m.
20 push ups

Chapter

Wednesday April 8 2020

Card of the Day : King of Spades

Tarot Card of the Day : reversed 8 of Cups

Lenormand Tarot Card of the Day : Bear

Rider Waite Tarot Card of the Day : Ace of Wands

Pocket Fortune Teller Tarot Card of the Day : Anger

Lenormand Love Tarot Card of the Day : Fox

circa 1:20 a.m.
woke up

circa 1:30 a.m.
tis raining

circa 1:45 a.m.
consumed flax, hemp, and chia seeds

2:45 a.m.
the moon is a waning gibbous

circa 5:50 a.m.
woke up again

6:05 a.m.
6017 views of Ingenuity

6:55 a.m.
10 push ups

circa 7:05 a.m.
studying Geailge

circa 7:35 a.m.
took a bath

circa 8:00 a.m.
binaural beats cleansing my throat chakra

circa 9:12 a.m.
woke up again, then went back to sleep

circa 10:30 a.m.
woke up again

Sun Trine Natal Uranus begins today at 11 p.m. and ends April 12th. Tis strongest the 10th.

circa 11:00 a.m.
flax, hemp, and chia seeds and cereal for breakfast

12:46 p.m.
1132 views of Call for Liberation

1:28 p.m.
I'm out of cigarettes and I'll have to sleep if I even can.

circa 4:00 p.m.
woke up from a nap, withdrawing from tobacco

my mail's been intercepted for MONTHS

5:07 p.m.
6025 views of Ingenuity

6:13 p.m.
Tobacco is addictive, not enjoyable. Resuming use is the only way to not suffer withdrawal. I'm getting sicker every second.

7:56 p.m.
6031 views of Ingenuity

Fell asleep to binaural beats, calming water

Thursday April 9 2020
Card of the Day : 5 of Hearts
Tarot Card of the Day :reversed the Fool
Lenormand Tarot Card of the Day : Cross
Rider Waite Tarot Card of the Day : 2 of Pentacles

Pocket Fortune Teller Tarot Card of the Day : Death
Lenormand Love Tarot Card of the Day : Dog

Venus Injunct Natal Pluto starts today at 11 p.m. Strongest the 13th and ends the 16th

circa 1:50 a.m.
woke up withdrawing from tobacco

took a walk to scavenge cigarette butts, removing the filters

circa 2:00 a.m.
10 push ups

2:31 a.m.
6042 views of Ingenuity

circa 3:10 a.m.
took a walk to scavenge cigarette butts again, removing the filters

circa 3:40 a.m.
studying Gaelic

4:19 a.m.
apple for breakfast

circa 4:40 a.m.
scavenging again

circa 6:20 a.m.
20 push ups

circa 6:35 a.m.
took Loxapine and Hydroxyzine

6:43 a.m.
375 subscribers

circa 8:45 a.m.
377 subscribers

circa 10:30 a.m.
finally got cigarettes

11:19 a.m.
6057 views of Ingenuity

circa early afternoon
took a shower

11:25 a.m.
575 views of Defy Dystopia

circa 12:05 p.m.
studying Geailge

12:40 p.m.
377 subscribers

circa 12:44 p.m.
posted this to Facebook :
I feel other people's anxiety because I'm an empath, so please stop the mass hysteria over a virus with a 98 - 99 percent recovery rate. The media hype has been done to death. At least once year, a virus is on the news. This fearmongering campaign really takes the cake.

12:49 p.m.
6065 views of Ingenuity

raining today

circa 2:48 p.m.
1140 views of Call for Liberation

at least I'll get a ride to the dispensary tomorrow morning. My check finally arrived

Afternoon
lifted weights in the basement

4:47 p.m.
6070 views of Ingenuity

5:23 p.m.
380 subscribers

circa 6:00 p.m.
reluctantly resorted to another 10 mg Loxapine. I'll have to sleep until I can get to the Healing Corner tomorrow morning

6:17 p.m.

This scamdemic ought to be the last straw. The liars who capitalize on covid19 will regret it when there's resistance to their quarantines. Their lies will backfire on them, big time!

circa 7:05 p.m.

tweeted this:

deaths from viruses declined by 90 percent before #vaccines. scarlet fever declined without any #vaccine typhoid fever declined without any widespread #vaccination. sanitation, hygiene, and nutrition saved lives. I have #autism and it's devastating in real life #ActuallyAutistic

7:10 p.m.

6084 views of Ingenuity

slept for a few hours

10:55 p.m.

6087 views of Ingenuity

11:43 p.m.

30 push ups

12:21 p.m.

another significant number

Chapter

Friday April 10 2020

Card of the Day : 9 of Hearts

Tarot Card of the Day : Ace of Wands

Lenormand Tarot Card of the Day : Coffin

Rider Waite Tarot Card of the Day : King of Wands

Pocket Fortune Teller Tarot Card of the Day : Officer

Lenormand Love Tarot Card of the Day : Anchor

Mars Trine Natal MidHeaven starts today, good for achieving goals and exercising

Today, a 9 day cycle begins. I'll do what I can to remove the curse(s)
also planning on lucid dreaming

circa 1:45 a.m.

mass vaccination allegedly preventing covid19 began yesterday in Senegal and the first 7 children given the shot quickly died from it

2:00 a.m.
40 push ups

2:05 a.m.
studying Gaelic

2:58 a.m.
the articles about the 7 deaths mentioned before were removed

4:18 a.m.
6090 views of Ingenuity

circa 4:45 a.m.
every time I open my door, a bright light shines at my eyes, worsening my headaches, and that can't possibly be "necessary"; there are lights in the other rooms near mine while sunlight shines in through the windows

circa 5:00 a.m.
listening to a mantra for removing curses

circa 7:25 a.m.
woke up again. The song Scarborough Fair was in my dream. two states were mentioned, New York and Connecticut.

7:52 a.m.
listening to mantra to remove curses

8:38 a.m.
6097 views of Ingenuity

9:00 a.m.
taking a bath

9:29 a.m.
385 subscribers

10:22 a.m.
Lanell (who works at my house) is giving me a ride to the Healing Corner

bought Curaleaf Ivory

10:52 a.m.
snowing a bit
cold and windy today

2:22 p.m.
walked into my room at precisely 2:22 p.m., a sign

2:27 p.m.
took an energy supplement

4:00 p.m.
25 push ups

waning gibbous moon in Sagittarius tonight
optimisim, enthuiasm

7:00 p.m.
watching jeopardy

8:26 p.m.
6103 views of Ingenuity

Saturday April 11 2020
Card of the Day : 8 of Spades
Tarot Card of the Day : Ace of Swords
Lenormand Tarot Card of the Day : Tower
Rider Waite Tarot Card of the Day : 5 of Wands
Pocket Fortune Teller Tarot Card of the Day : some Money
Lenormand Love Tarot Card of the Day : Mountain

mercury in Aries
intellectual expression

circa 1:45 a.m.
40 push ups

circa 10:30 a.m.
wake and bake
finished my 8th of Cuealeaf Ivory

circa 10:35 a.m.
25 push ups

6:42 p.m.
saw 6:42 on my phone. This is significant

Evening
listening to mantra for removing curses

circa 8:20 p.m.
25 push ups

Sunday April 12 2020
Card of the Day : 10 of Hearts
Tarot Card of the Day : reversed Ace of Swords
Lenormand Tarot Card of the Day : Fish
Rider Waite Tarot Card of the Day : Knight of Wands
Pocket Fortune Teller Tarot Card of the Day : Journey
Lenormand Love Tarot Card of the Day : Child

Mercury Square Natal Neptune starts today
confusion

circa 9:00 a.m.
listening to mantra for removing curses

9:12 a.m.
30 push ups

circa 9:20 a.m.
studying Geailge

10:00 a.m.
25 push ups

lifted weights in the basement
jogged a bit outside

10:20 a.m.
listening to a mantra for removing curses

circa 10:30 a.m.
Dr. Fauci is a liar
<https://www.google.com/amp/s/news.yahoo.com/amphtml/dr-fauci-says-not-going-080828192.html>

12:55 p.m.
25 push ups

1:11 p.m.
saw 1:11 on my phone when updating this journal to note 390 subscribers

2:00 p.m.
listening to mantra to remove curses

Evening
Moon in Capicorn

10:30 p.m.
6122 views of Ingenuity

11:02 p.m.
394 subscribers

Monday April 13 2020
Card of the Day : 2 of Spades
Tarot Card of the Day : 8 of Cups
Lenormand Tarot Card of the Day : Child
Rider Waite Tarot Card of the Day : 9 of Wands
Pocket Fortune Teller Tarot Card of the Day : Marriage

woke up at about 5 a.m

rainy day today

5:10 a.m.
6135 views of Ingenuity

6:00 a.m.
398 subscribers

6:23 a.m.
25 push ups

circa 6:30 a.m.
listening to mantra to remove curses

circa 8:20 a.m.
20 push ups

circa 8:30 a.m.
studying Geailge

circa 11:25 a.m.
20 push ups

circa noon
6140 views of Ingenuity
400 subscriber

circa 2:20 p.m.
I have to wait until tomorrow to get a ride to the Healing Corner

6:13 p.m.
6157 views of Ingenuity

6:40 p.m.
1145 views of Call for Liberation

6:47 p.m.
listening to mantra to remove curses

circa 11:00 p.m.
woke up

11:45 p.m.
15 push ups

11:55 p.m.
10 push ups

11:58 p.m.
20 push ups

conversed via phone with Continuum of Care's Clients Rights and Greivance Officer,
Rhonda -----, and among the topics mentioned; the motion detectable light.

Chapter

Tuesday April 14 2020

Card of the Day : King of Hearts
Tarot Card of the Day : 3 of Cups
Lenormand Tarot Card of the Day : Fox
Rider Waite Tarot Card of the Day : 8 of Wands
Pocket Fortune Teller Tarot Card of the Day : Unexpected Joy
Lenormand Love Tarot Card of the Day : Clover

circa 12:25 a.m.
studying Geailge via DuoLingo

circa 5:20 p.m.
woke up again

day 5 of a 9 day cycle
last quarter moon in Capicorn tonight
Mercury Injunct Natal Pluto starts today

the morning
Notification from Instagram alleging that the 7 children in Senegal died from
"cosmetics", not because a vaccine was tested on them. I'm not buying it. Claiming
to be an "independent fact checker need not be confused with being one

circa 6:20 a.m.
lifting weights in the basement

6:45 a.m.
listening to mantra to remove curses

8:00 a.m.
listening to mantra to remove curses

circa 10:20 a.m.
bought an 8th of Theraplant Tellobrid

studying Geailge

11:45 a.m.
6165 views of Ingenuity

1:44 p.m.
405 subscribers

Bill Pierce of DMHAS called back

also got a call back from some person at Senator Chris Murphy's Office today

circa 2:00 p.m.

chanting Om and meditating while taking a bath

Death rate collapsing in Sweden without crackdown.

circa 2:50 p.m.

smoked a bowl of this Tellobrid

listened to music then binaural beats for anti-ageing.

too sunny out today

locusts in East Africa

vegetable lasagna for dinner

smoked a joint and did 35 push ups

smoked a bowl and did 43 push ups

circa 10:30 p.m.

chopped up some apples with some cinnamon and some tumeric

planted some apple seeds

Wednesday April 15 2020

Card of the Day : Ace of Hearts

Tarot Card of the Day : reversed Chariot

Lenormand Tarot Card of the Day : Ship

Rider Waite Tarot Card of the Day : Queen of Wands

Pocket Fortune Teller Tarot Card of the Day : Gift

day 6 of a 9 day cycle

last quarter moon in Aquarius

circa 12:15 a.m.

smoked a bowl

20 isochronic tones and pulses to relieve a headache and relax

9 min binaural beats for anti-ageing

11 min binaural beats for intuition

circa 1:20 a.m.

smoked second bowl of the day

quick conversation with Norman

1:40 a.m.

13 min binaural beats for biohemispheric stimulation

circa 1:55 a.m.

14 min binaural beats to improve memory learning, et cetera

2:45 a.m.

45 push ups

2:50 a.m.

50 min binaural beats for deep dream, yet failed to sleep

circa 3:40 a.m.

20 min binaural beats for deep dream, yet failed to sleep

Sun in Aries March 19 to April 19

Saturn in Aquarius March 21st to July 1st

Mars in Aquarius March 30 May 13

Venus in Gemini April 3rd to August 7

Mercury in Aries April 11 to April 27

Sun in Taurus April 19 to May 20

New Moon in Taurus April 22

Mercury in Taurus April 27 May 11

Mercury in Gemini May 11 to May 28

circa 9:50 a.m.

woke up

9:55 a.m.

10 push ups

circa 10:45 a.m.

smoked a joint

circa 11:20 a.m.

studying Geailge

18 min binaural beats for anti-ageing

circa 1:00 p.m.

smoked a bowl and did 20 push ups

cleaned my room for about 10 minutes

4:47 p.m.

listening to mantra to remove curses

Joe Biden vs Donald Trump? For real? Politics is such garbage.

choreographed dance routines at hospitals

Evening

finished my 8th

lasted longer than usual

Thursday April 16 2020

Card of the Day : 8 of Diamonds

Tarot Card of the Day : 2 of Swords

Lenormand Tarot Card of the Day : Heart

Rider Waite Tarot Card of the Day : 4 of Wands

Pocket Fortune Teller Tarot Card of the Day : Love

Lenormand Love Tarot Card of the Day : Bear

Mercury Trine Natal Saturn starts today

5:55 a.m.

woke up just in time

10:02 a.m.

listening to mantra for removing curses

10:10 a.m.

angel number

10:15 a.m.

studying Gaelic

11:06 a.m.

6197 views of Ingenuity

circa noon
took Loxapine and Hydroxyzine and slept

circa 4:40 p.m.
woke up

listened to mantra to remove curses

the Healing Corner is now Trulieve

I called to pre order another 8th

5:25 p.m.
25 push ups

circa 7:10 p.m.
410 subscribers on YouTube

7:22 p.m.
6190 views of Ingenuity

8:10 p.m.
15 min binaural beats for deep dream, yet didn't get tired enough

9:30 p.m.
nearest events in life :
Star
Child
Mice
Tower

circa 11:00 p.m.
binaural beats for deep dream, yet didn't sleep

Chapter

Friday April 17 2020

Card of the Day : 8 of Diamonds

Tarot Card of the Day :reversed 5 of Pentacles

Lenormand Tarot Card of the Day : Woman

Rider Waite Tarot Card of the Day : Queen of Wands

Pocket Fortune Teller Tarot Card of the Day : Lover
Lenormand Love Tarot Card of the Day : Castle

circa 12:40 a.m.
woke up after a bit over an hour of sleep

circa 2:40
woke up again

3:01 a.m.
6200 views of Ingenuity

circa 4:55 a.m.
woke up again

circa 5:50 a.m.
woke up again

circa 7:45 a.m.
posted this online :
Typhoid fever declined without any widespread #vaccination, scarlet fever declined without any #vaccine, and deaths from viruses generally declined by 90 percent BEFORE vaccines. That's because sanitation, hygiene, and nutrition saved lives; unlike vaccines. The pro-vaxx cyber bullies don't have any grounds to comment on #autism. It's not even remotely similar to how it's portrayed on TV and in movies. The pro-vaxx cyber bullies don't know anything about autism in real life. I have it, and I've lost decades of my life because of #psychiatry. Trust me, it's not fun.

10:33 a.m.
415 subscribers

literally a prisoner in my house, not allowed better housing, and not even accused of anything! The manager of this house, Leann Farley, is atrocious; as are the policies. They won't dim the lights, they waste electricity leaving the lights on full blast with the sunlight shining through every window without exception, and a motion detecting light shines in my eyes every time I open the door; worsening my headaches and ruining my eyes. They get away with it because of #ableism.

Waning crescent moon tonight

cleansing my chakras

I contributed food stamps to the house and I still get antagonized for my constant hunger pains, the bullies who work here wouldn't care if I had a parasite; they joke about it and bully me.

wrote a bit

Saturday April 18 2020

Card of the Day : 4 of Clubs

Tarot Card of the Day : reversed 4 of Swords

Lenormand Tarot Card of the Day : Fish

Rider Waite Tarot Card of the Day : 8 of Wands

Pocket Fortune Teller Tarot Card of the Day : Message

Lenormand Love Tarot Card of the Day : Clover

9 day cycle ends today

rainy and snowy morning

circa 8:10 a.m.

11 min cleansing throat chakra

apples with cinnamon and tumeric

listening to mantra for removing cueses

10:15 a.m.

15 push ups

10:30 a.m.

studying Geailge via DuoLingo

circa 11:35 a.m.

11 min cleansing crown chakra

circa noon

25 push ups

about 25 min binaural beats for creativity

circa 1:00 p.m.

smoked a joint

about 30 min binaural beats for creativity

circa 1:50 p.m.
about 10 minutes binaural beats to cleanse throat chakra

circa 5:00 p.m.
studying Geailge

Loxapine and Hydroxyzine to sleep

Sunday April 19 2020
Card of the Day : 10 of Hearts
Tarot Card of the Day : reversed 5 of Pentacles
Lenormand Tarot Card of the Day : Tower
Rider Waite Tarot Card of the Day : 9 of Wands
Pocket Fortune Teller Tarot Card of the Day : Gift

some push ups this morning

circa 9:20 a.m.
posted this online :
The #media cried wolf too many times. There's a #fearmongering campaign about a virus at least once a year. This time, the mass #hysteria is extra stupid because this virus has a recovery rate of at least 98 percent if not 99 percent.

circa 10:05 a.m.
35 push ups

circa 11:00 a.m.
studying Geailge

I get antagonized for eating after I contributed food stamps to the house. The bullies who work here wouldn't care if I had a parasite, they joke about it and blame "the munchies" when I don't even have any medicinal herb. They bully me instead of addressing my constant hunger pains.

circa afternoon
Loxapine and Hydroxyzine to sleep
I took a nap, woke up, and took another nap

circa 5:00 p.m.
woke up again

evening
scaveneged cigarettes
25 push ups

circa 7:10 p.m.
25 push ups

eggrolls for dinner
419 subscribers

8:40 p.m.
10 mg of Loxapine

10:20 p.m.
6221 views of Ingenuity

Monday April 20 2020
Card of the Day : 8 of Clubs
Tarot Card of the Day : reversed the Empress
Lenormand Tarot Card of the Day : Ring
Rider Waite Tarot Card of the Day : 7 of Pentacles
Pocket Fortune Teller Tarot Card of the Day : Fortune
Lenormand Love Tarot Card of the Day : Cross

circa 4:30 a.m.
woke up

circa 6:20 a.m.
420 subscribers on 4-20-2020

7:20 a.m.
25 push ups

circa 8:30 a.m.
took an energy supplement

9:03 a.m.
The bullies who work here are refusing to give me my own \$ and a ride to the dispensary. We all agreed that I would be given my \$ and a ride today. This has been the agreement for awhile, verified again and again last week, now the bullies are renegeing on it.

circa 9:20 a.m.

taking a walk to scavenge tobacco.

circa 9:30 a.m.

I called the conservator's office to remind her that my life is in her hands. I had also reported these violations to Jay and Rhonda of Continuum of Care

circa 10:00 a.m.

pre ordered an 8th, it won't be available until tomorrow anyway

12:02 p.m

6233 views of Ingenuity

circa 12:10 p.m.

studying Geailge

3:41 p.m.

6242 views of Ingenuity

4:38 p.m.

25 push ups

6:00 p.m.

427 subscribers

circa 9:30 p.m.

woke up

circa 11:30 p.m.

woke up again

11:42 p.m.

those in power aren't wearing face masks, self isolating, or social distancing

Chapter

Tuesday April 21 2020

Card of the Day : Queen of Diamonds

Tarot Card of the Day : 4 of Cups

Lenormand Tarot Card of the Day : Clover

Rider Waite Tarot Card of the Day : Knight of Wands

Pocket Fortune Teller Tarot Card of the Day : Letter

12:20 a.m.

20 push ups

1:13 a.m.
1160 views of Call for Liberation

circa 4:00 a.m.
woke up again
15 push ups

4:45 a.m.
431 subscribers

circa 5:20 a.m.
#pharmaceutical companies are using bots to harass ppl who take a stand against
#vaccines, including #ActuallyAutistic ppl such as myself. Some pro-vaxx bullies
are even pretending to have #Autism They've done a VERY poor job acting. They're
exploiting everybody with autism!

5:57 a.m.
6260 views of Ingenuity

smoked a few bowls and meditated to binaural beats

frost advisory and freeze warning in mid April
hail and thunderstorm

both positive and negative effects of lockdown. positive effects include less cars on
the road, less people working, possible deinstitutionalization ie many in the
snakepits might finally be allowed out, and more people realizing how poverty is.

wrote this :
With raithneach to smoke without anyone to share
thus not passing, yet still have compasion and hope somebody cares
a century after the roaring 20s
and about a score after watching the towers fall televised,
there's martial law
and the press didn't mention many who die of starvation
while many species went extinct in months,
there's exaggeration in newspapers on TV and radio stations
so I'm saying Ó cad é sin don té sin
without translation
roll up on the train station in New Haven
dosed while rolling a joint with devotion and innovation

Wednesday April 22 2020

Card of the Day : 9 of Clubs

Tarot Card of the Day : Wheel of Fortune

Lenormand Tarot Card of the Day : Bear

Rider Waite Tarot Card of the Day : 5 of Wands

Lenormand Love Tarot Card of the Day : Lillies

Pocket Fortune Teller Card of the Day : Money

studying Geailge

<https://adventuresinautism.blogspot.com/2011/07/131-african-children-vaccinated-at.html?m=1>

I got antagonized all day. Most people eat more than once a day. When I take a bite, I get harassed. My case manager gave me a hard time all day.

circa 11:40 p.m.

studying Geailge

Thursday April 23 2020

Card of the Day : 2 of Spades

Tarot Card of the Day : Knight of Swords

Rider Waite Tarot Card of the Day : 2 of Pentacles

Lenormand Tarot Card of the Day : Birds

Pocket Fortune Teller Card of the Day : Widower

circa midnight

25 push ups twice

circa 1:05 a.m.

10 min binaural beats for health and happiness

woke up at about 11:50 a.m.

called the dispensary to preorder an 8th pf Tellobrid

waxing crescent moon in Taurus

afternoon

phone conference witn Jay

circa 6:00 p.m.

<https://returntonow.net/2020/04/18/thousands-of-acres-of-fruit-and-veggies-are-being-left-to-rot-in-the-field-in-florida-and-california/>

circa 7:55 p.m.

immune systems get butchered by the lockdown. the more ppl stay inside, the sicker they get.

circa 8:30 p.m.

If this #lockdown ever ends, will anybody give me a ride to a therapeutic setting like my "friends" should've done YEARS AGO? I doubt it. #Psychiatry stole my youth, I was locked in cages and forcibly drugged for most of my life. #Torture is what happens to #ActuallyAutistic ppl IN REAL LIFE. #Autism isn't how it's portrayed on TV and in movies. #PTSD won't just let me walk away. My traumatic past doesn't let go of me. I was already forcibly isolated before the #quarantine and nobody would even accompany me to an event. When I appear in public alone, I'm terrified because I'm an easy target. Autism is devastating IN REAL LIFE, so the pro-vaxxers should STFU!

9:10 p.m.

too cold for mid April

10:00 p.m.

6273 views of Ingenuity

Chapter

Friday April 24 2020

Card of the Day : Jack of Hearts

Tarot Card of the Day : reversed 4 of Wands

Rider Waite Tarot Card of the Day : Ace of Wands

Lenormand Love Tarot Card of the Day : Key

Pocket Fortune Teller Tarot Card of the Day : Marriage

circa 7:18 a.m.

Lanelle bullied me, causing an anxiety attack

Lanelle : "it's 7:18 in the morning"

Kedrick : "you *work* here, though"

then she got a snotty attitude

I swore I saw a pterosaur

I slept

Saturday April 25 2020

Card of the Day :King of Spades

Tarot Card of the Day : 9 of Swords

Lenormand Tarot Card of the Day : Garden

Rider Waite Tarot Card of the Day : 6 of Pentacles

Lenormand Love Tarot Card of the Day : Fox

circa 12:30 a.m.

woke up

12:30 a.m.

6280 views of Ingenuity

studied Geailge

circa 5:30 p.m.

finished my 8th of Tellobrid

Trump said to inject disinfectant, that sounds like pro-vaxx logic, then he said his comment was a "prank"; now he'll do less breifings

Sunday April 26 2020

Card of the Day : 4 of Spades

Tarot Card of the Day : reversed Temperance

Lenormand Tarot Card of the Day : Snake

Rider Waite Tarot Card of the Day : Page of Cups

Lenormand Love Tarot Card of the Day : Ship

Pocket Fortune Teller Tarot Card of the Day : Malady

woke up and went back to sleep a lot

nothing to eat in this house and if there was, I'd get antagonized for eating

my mother said she'll order me a pizza at about 4 p.m.

circa noon

studying Geailge

circa 12:55 p.m.

Facebook advertised the Southern Poverty Law Center to me, I hid the add and commented :

I'm against ALL hate groups, not only some of them. The SPLC is wrong to deny history. Indentured servitude was never any less brutal than chattle slavery, and no

euphenism was used for Irish slaves in the Bahamas; nobody denied that they were slaves!

3:48 p.m.

6296 views of Ingenuity

evening

pizza

circa 6:25 p.m.

6301 views of Ingenuity

I'm feeling other people's anxiety, fear, et cetera again. If they would all simply avoid the media's fearmongering campaign and relax, that's help. Tisn't easy being an empath during mass hysteria.

Monday April 27 2020

Card of the Day : 5 of Clubs

Tarot Card of the Day : reversed 10 of Swords

Lenormand Tarot Card of the Day : Scythe

Rider Waite Tarot Card of the Day : 10 of Pentacles

Pocket Fortune Teller Tarot Card of the Day : Widower

woke up at 7 a.m.

sent this to Senator Chris Murphy :

why not address the autism epidemic? I'm autistic because of vaccines and I wouldn't wish this upon anyone. I'm expected to fend for myself because I'm on the highest functioning end of the autism spectrum. I'm fed up with being labeled a "retard" and a "creep" and told "we don't like your kind around here". Pro-vaxxers either think autism is "no big deal" because they watch TV and movies OR they think autism suddenly pertains to rampages because a few bigots said so on the news. Deaths from viruses already declined by 90 percent BEFORE vaccines. Sanitation, hygiene, and nutrition saved lives, unlike vaccines. One study was retracted by force and the pro-vaxxers think that proves that vaccines suddenly don't cause autism. Even after mercury was removed from many vaccines, they still contain other poisons that cause autism. The pro-vaxxers don't comprehend the difference between ingestion and injection, they say, "there's more mercury in fish oil than vaccines". They say they'd "rather be autistic than dead" like they've never heard of any other possibilities besides autism and death. Infant mortality increases along with vaccination, hence the highest infant mortality rate is that of the U.S.A.! Vaccines kill many babies. They can cause encephalitis, seizures, cancer, et cetera.

Vaccines are manufactured by pharmaceutical companies. They're incorrectly called "free" in some countries despite that they cost lives. The vaccinated vast majority keeps getting sicker.

circa 9:25 a.m
studying Geailge

circa 1 p.m
preordered another 8th of Tellobrid

too cold for late April

circa 2:10 p.m.
commented on Senator Murphy's Facebook page with the same message from before

circa 2:40 p.m.
#plandemic #scamdemic
https://m.washingtontimes.com/news/2020/apr/27/anthony-fauci-should-explain-37-million-wuhan-labo/?utm_campaign=shareaholic&utm_medium=facebook&utm_source=socialnetwork&fbclid=IwAR3AP-GqEjX8dCzaE_hzTfrxYp4QyQ4--2R58Mj9ZVe7wP6BoUqyNS2xpN4

called Continuum of Care's Clients' Rights and Grievance Officer

waxing crescent moon in Cancer

circa 11:30 p.m.
woke up

11:40 p.m.
6313 views of Ingenuity

Chapter

Tuesday April 28 2020

Card of the Day : 5 of Clubs

Tarot Card of the Day : 7 of Wands

Lenormamd Tarot Card of the Day : Stork

Rider Waite Tarot Card of the Day : Ace of Pentacles

Pocket Fortune Teller Tarot Card of the Day : Anger

another 9 day cycle begins today. I'll hopefully write

went to the dispensary

circa 12:30 a.m.

posted this to the phony "Dr" Phil on Instagram:

Unlicensed psychologist and bully "Dr" Phil has no idea the first medical necessity will never "impair concentration" or "cause psychosis", that fraud would sing a different tune if he had difficulty concentrating. Medicinal cannabis remains the ONLY way I concentrate. Nobody gets "paranoid" from a relaxing medicinal herb that'll ALWAYS prevent "paranoia" because it'll ALWAYS be relaxing. The first medical necessity also treats traumatic brain injuries. The bully "Dr: Phil told someone with a TBI the myth that the first medical necessity somehow "causes brain damage". He coerces recovering alcoholics and drug addicts to relapse, either by giving them alcohol and Xanax or by telling them they're "still using" when they're not; they can't remain clean and sober without medicinal cannabis as a crutch to take the edge off of recovery. At least Jerry Springer ADMITS his show is garbage! "Dr" Phil exploits people by broadcasting their problems on television. It's all about ratings, money, and attention. Shock value increases ratings, hence the phony "Dr" Phil ruins lives to add more drama to his show.

1:30 p.m.

appointment with Dr. Hollywood and Christina Fleming

circa 9:45 p.m.

6329 views of Ingenuity

slept off a headache

circa 10:05 p.m.

throughout history, injustice is law,
civilization profits from misery, a fundamental flaw

--

Wednesday April 29 2020

Card of the Day : 3 of Spades

Tarot Card of the Day : reversed 8 of Cups

Lenormand Tarot Card of the Day : Cross

Rider Waite Tarot Card of the Day : 2 of Wands

circa 6:00 a.m.

binaural beats for bihemispheric stimulation , then health and happiness, then deep dream for 20 minutes but couldn't sleep

6:50 a.m.

another 15 minutes of binaural beats deep dream, yet couldn't sleep

record high temperatures in the Southwest US

Thursday, April 30 2020

Card of the Day : Queen of Clubs

Tarot Card of the Day : 6 of Wands

Lenormand Tarot Card of the Day : Clouds

Rider Waite Tarot Card of the Day : King of Pentacles

rainy day

The Washington Times ADMITTED the fascist lockdown is due to a hoax :

<https://m.washingtontimes.com/news/2020/apr/28/coronavirus-hype-biggest-political-hoax-in-history/>

afternoon

my mother mailed me \$40

circa 6:10 p.m.

took a shower and a bath

Friday May 1 2020

Card of the Day : King of Spades

Tarot Card of the Day : Queen of Swords

Lenormand Tarot Card of the Day : Snake

Rider Waite Tarot Card of the Day : Ace of Swords

Pocket Fortune Teller Tarot Card of the Day : Hope

woke up at 2:20 a.m.

circa 8:15 a.m.

woke up again

there's talk of reopening Connecticut beginning May 20. The fearmongers are already talking about a "second wave" of Covid19

circa 10:00 a.m

6358 views of Ingenuity

The Department of Mental Health and Addiction Services employs frauds who never heard of addiction, hence they're flabbergasted to hear that tobacco is addictive, not enjoyable; they make weird faces like Jim Carrey when I tell them I don't enjoy smoking tobacco.

Chapter

Sunday May 3 2020

Card of the Day : 4 of Spades

Tarot Card of the Day : 9 of Cups

Lenormand Tarot Card of the Day : Ring

Rider Waite Tarot Card of the Day : 5 of Swords

Pocket Fortune Teller Tarot Card of the Day : Widower

slept most of today

the phone charger my mother ordered for me arrived

I studied Geailge

4:05 p.m.

6385 views of Ingenuity

circa 6:40 p.m.

The moment this fascist #lockdown ends, I'll determine whether or not I have any friends in real life. I doubt it. I get antagonized in the house I'm prevented from moving out of, and before the #lockdown2020; I simply needed a ride to a therapeutic setting. My most horrific fears are epitomized. I've been forcibly isolated for at least as long as I can remember.

6:52 p.m.

I was falsely labeled an "eco-fash" by some stranger on the internet who incorrectly presumed I "worship" Ted Kaczynski (sp?) LOL I'm against fascism and I barely ever mentioned Ted.

<https://returntonow.net/2020/03/24/bill-gates-backs-1-billion-plan-to-blanket-earth-in-video-surveillance-satellites/>

Monday May 4 2020

Card of the Day : Jack of Hearts

Tarot Card of the Day : 9 of Wands
Lenormand Tarot Card of the Day : Clover
Rider Waite Tarot Card of the Day : the Sun

10:10 a.m.
called Trulieve to pre order another 8th of Egbrid

slept for most of today

5:27 p.m.
6392 views of Ingenuity

6:01 p.m.
this lockdown might be the final nail in my coffin. I'm low on air element. I'm supposed to socialize more, not less.

circa 10:00 p.m.
If enough people know about what I've been through, something will be done about, hence the media refuses to report it; inadvertantly verifying my opposition to the media.

https://nypost.com/2020/04/07/feds-classify-all-coronavirus-patient-deaths-as-covid-19-deaths/?utm_source=facebook_sitebuttons&utm_medium=site+buttons&utm_campaign=sit e+buttons

Tuesday May 5 2020
Card of the Day : 4 of Diamonds
Tarot Card of the Day : reversed King of Swords
Lenormand Tarot Card of the Day : Bear
Rider Waite Tarot Card of the Day : 9 of Swords

450 subscribers to my YouTube channel

I went to Trulieve to get my 8th of Egbrid

I got approved for 15 percent discounts on medicinal herb

afternoon
10 minute binaural beats for intuition

evening
binaural beats for 3rd eye

17 minutes binaural beats bihemispheric stimulation

45 minutes iDoser esp, precognition, clairvoyance

Wednesday May 6 2020

Card of the Day : 9 of Diamonds

Tarot Card of the Day : 5 of Wands

Lenormand Tarot Card of the Day : Birds

Rider Waite Tarot Card of the Day : King of Pentacles

afternoon

12 minutes binaural beats anti-ageing

took a shower and a bath

Thursday May 7 2020

Card of the Day : 7 of Diamonds

Tarot Card of the Day : reversed 7 of Wands

Lenormand Tarot Card of the Day : Tree

Rider Waite Tarot Card of the Day : 3 of Cups

Lenormand Love Tarot Card of the Day : Clouds

circa 10:50 a.m.

studying Gaeilge

took a bath

today is my laundry day

circa 12:15 p.m.

preordered another 8th of Egbrid

ppl who stay at home are likely to catch covid19 and DIE because they butchered their immune systems by staying home, and the masks are such a stupid premise I can barely fathom where to even begin refuting such an absurdity

circa 5:00 p.m.

In New York, 66 percent of new #COVID19 patients obeyed the stay-at-home orders. Surprise! The fascist #lockdown kills many more than the virus itself. Just

because there's a virus doesn't mean it's okay to prevent ppl from interacting in person! This is #Dystopia

circa 8:45 p.m.

Current situation in life : Stork, Lilly, Crossroad

<https://thefreethoughtproject.com/mom-brutally-raped-by-jail-guard-after-she-was-arrested-for-half-gram-of-weed/>

https://consciousreminder.com/2020/05/07/tonights-powerful-flower-supermoon-will-push-everyone-into-emotional-overdrive/?fbclid=IwAR3m9pneQvCFYHbXIVDe0PmKCzRko_wKnnAlKxvnGc49WMm0ty4ctprhpHw

11:24 p.m.

6414 views of Ingenuity

Friday May 8 2020

Card of the Day : 4 of Clubs

Tarot Card of the Day : the Knight of Wands

Lenormand Tarot Card of the Day : Crossroad (Way)

Rider Waite Tarot Card of the Day : 4 of Swords

Lenormans Love Tarot Card of the Day : Anchor

One question for anybody who doesn't question a backwards narrative:
the #fearmongeringmedia cries wolf about viruses all the time, why would it be true this time? Better question: HOW would it be true this time? Even better question: How COULD it be true this time?

survivor's guilt won't let me sleep, especially not without nightmares

Morning

finally slept a bit

went to Trulieve

My case manager, Matt Quinn, bullied me and ran away like a coward. The Earth is in its 6th mass extinction event. He said, "I don't believe you. That doesn't sound right, and you're not a reliable source " When I tried to show him the evidence, he ran away. Read it and weep!

<https://www.businessinsider.com/signs-of-6th-mass-extinction-2019-3>

<https://www.theguardian.com/environment/2017/jul/10/earths-sixth-mass-extinction-event-already-underway-scientists-warn>

circa 6:30 p.m.
authorities worldwide are mortified, they're horrified

Saturday May 9 2020
Card of the Day : 5 of Clubs
Tarot Card of the Day : 5 of Cups
Lenormand Tarot Card of the Day : Snake
Rider Waite Tarot Card of the Day : Judgement
Lenormand Love Tarot Card of the Day : Ship

1st day of a 9 day cycle

circa 8:00 a.m.
woke up

circa 1:45 p.m.
20 push ups

pendant from _____ finally arrived in the mail

snowing in May

12 minutes binaural beats high level cognitive thinking

authorities worldwide are mortified, they're
horrified
I transmogrified the rebellion
while they hide, they're fortified
'Tis more than revolution or insurrection,
'tis rewilding and defying dystopia so disastrous,
my comrades and I recline on thrones
to pass around a bone and laugh right back at those who laugh at us

circa 7:45 p.m.
posted this :
Psychiatry rarely allows recovery. Most psychiatrists are unwillingly to lose even one
customer. Every time they refuse to taper the pharmaceuticals, Post Traumatic

Stress Disorder is amplified by the involuntary admissions due to withdrawal symptoms. Many lives were ruined by psychiatrists who don't allow properly tapering the drugs. They'll never know if they don't try.

Sunday May 10 2020

Card of the Day : Jack of Spades

Tarot Card of the Day : 2 of Swords

Lenormand Tarot Card of the Day : Rider

Rider Waite Tarot Card of the Day : the High Priestess

Lenormand Love Tarot Card of the Day : Dog

circa 2:45 p.m.

Censoring the internet wasn't enough to prevent #resistance, #dystopia resorted to shutting down events to prevent #moblization; hence the fascist #lockdown

I emailed WFSB news. Squeaky wheel gets the oil. I tagged WFSB news on Twitter and Instagram.

<https://thefreethoughtproject.com/heres-why-facebook-is-anything-but-private/>

Monday May 11 2020

Card of the Day : 4 of Clubs

Tarot Card of the Day : 6 of Cups

Lenormand Tarot Card of the Day : Book

Rider Waite Tarot Card of the Day : 8 of Swords

Lenormand Love Tarot Card of the Day : Woman

circa 10:10 a.m.

preordered another 8th of Egbrid

circa 10:30 a.m.

12 minutes binaural beats for creativity

circa 10:50 a.m.

Studying Gaeilge

circa noon

I just called Continuum of Care's Clients Rights and Grievances Officer, Rhona, to report the escalating bullying.

circa 1:00 p.m.

The local #media is disrespectful to #trauma survivors such as myself. I get retraumatized multiple times daily because I'm easily targeted by bullies. Blocking me to censor me only proves that the media is immature at best. I get constantly antagonized in a house I'm prevented from moving out of. My own \$ pays the rent for this cage and I'd be deprived of my own \$ if I discharged myself, plus I have nowhere to go. I'm a hostage. Why not report this? I've given the local press MANY opportunities to prove that good #journalists exist. Instead, they censored me.

circa 1:30 p.m.

<https://thefreethoughtproject.com/police-arrest-shove-restaurant-patrons/>

circa 1:35 p.m.

I'm considering a banishment curse because that might be the only way these bullies will stay away from me. The risk of backfire hardly counts since I have nothing to lose.

Afternoon

Baja the bully is in this house and I'm TERRIFIED.

Evening

Out of nowhere, I suddenly don't even have the \$23.80 for the dispensary tomorrow. I wasn't warned that I'd be broke today.

Circa 6:00 p.m.

My mother finally watched that video from about 2 months ago and admitted that I handled that well

I was contacted by ____ whom I hadn't heard from since 2015

Chapter

Tuesday May 12 2020

Card of the Day : 2 of Diamonds

Tarot Card of the Day : the Hermit

Lenormand Tarot Card of the Day : Letter

Rider Waite Tarot Card of the Day : the Tower

Lenormand Love Tarot Card of the Day : Stork

went to dispensary

a pro-vaxx troll described me as an "Aspie blaming his shitty genes on vaccines"

circa 2:35 p.m.

10 minutes isochronic tones for enhanced mental performance

circa 8:45 p.m. (?)

Civilizations fall and shall fall again.

Perhaps certain serpents evolve to grow limbs and crawl again?

Such resurfacing fundamental flaws again!

There shall soon be swords to draw again.

I bring a brawl to a den like hyena cubs.

I call upon the squadron to gather at the cauldron to
speak freely of arenas and clubs.

Catormancing Oracles shall cast a Queen of Clubs.

Comrades congregate to prognosticate at historical speak easies and pubs.

circa 9:00 p.m.

160 followers on Bandlab

Wednesday May 13 2020

Card of the Day : Ace of Clubs

Tarot Card of the Day: reversed the Lovers

Lenormand Tarot Card of the Day: Clouds

Rider Waite Tarot Card of the Day: Knight of Swords

Lenormand Love Tarot Card of the Day : Croosroads (the Way)

circa 6:00 a.m.

woke up

<https://dailycaller.com/2020/05/07/australia-projects-more-deaths-from-suicides-in-lockdown-than-from-virus/>

circa 6:30 a.m.

There used to be talk of criminalizing masks and now everybody's forced to wear them except the wealthy, the police, et cetera. Before the fascist #lockdown, I already said, "I'll craft a makeshift while I multitask" and I didn't mean excessively wearing a mask and suffocating.

circa 9:40 a.m.

look up the Hong Kong Flu of the late 1960's. Nobody was condidered "selfish" for attending events. Nothing was shut down, not even Woodstock.

circa 10:00 a.m.

6435 views of Ingenuity

circa 3:05 p.m.

11 min binaural beats sacral chakra cleanse

circa 3:30 p.m.

11 out of 25 correct guessing colors on cards out of 5 colors. submitted to
leaderboard

Thursday May 14 2020

Card of the Day: 8 of Hearts

Tarot Card of the Day: 2 of Wands

Lenormand Tarot Card of the Day: Mountain

Rider Waite Tarot Card of the Day: the Hanged Man

Lenormand Love Tarot Card of the Day ; Rider

I avoided the bullies today as much as possible

Friday May 15 2020

Card of the Day: Ace of Clubs

Tarot Card of the Day: reversed King of Swords

Lenormand Tarot Card of the Day: Moon

Rider Waite Tarot Card of the Day: the Magician

Lenormand Love Tarot Card of the Day : Fox

Dystopia indeed:

<https://www.usnews.com/news/top-news/articles/2020-05-14/trump-says-will-mobilize-us-military-to-deliver-coronavirus-vaccine>

Saturday May 16 2020

Card of the Day : Ace of Clubs

Tarot Card of the Day : reversed 5 of Pentacles

Lenormand Tarot Card of the Day : Sun

Rider Waite Tarot Card of the Day : Justice

<https://www.vanguardngr.com/2020/05/warning-prolonged-use-of-facemask-produces-hypoxia/>

11:07 a.m.

6440 views of Ingenuity

slept to avoid the bullies who work here

8:30 p.m.

Being considered an "essential worker" need not be confused with being one. The bullies who claim to work at my house don't have ANY qualifications. They don't "work", they use me as a punching bag because I'm an easy target.

Sunday May 17 2020

Card of the Day: 2 of Spades

Tarot Card of the Day: reversed 2 of Wands

Lenormand Tarot Card of the Day: Crossroad (Way)

Rider Waite Tarot Card of the Day: the Star

Lenormand Love Tarot Card of the Day: Clover

circa 12:40 p.m.

Some crooked doctor got caught discontinuing Xanax cold turkey. That can be FATAL. Dr. Enrique Tello prescribes Xanax, causing DEADLY WITHDRAWAL SYMPTOMS, and he thinks the first medical necessity is "very bad for mental health" because of his archaic bigotry. It's NOT difficult to comprehend that a relaxing medicinal herb PREVENTS paranoia because it's RELAXING!

I just found this article :

<https://www.nhregister.com/news/article/CT-fines-three-doctors-disciplines-two-others-15217964.php>

2:45 p.m.

<https://thefreethoughtproject.com/militia-blocks-police-barber/>

circa 3:00 p.m.

the Colorado Sun ADMITTED that at least a quarter of those who allegedly died from covid19 didn't even HAVE covid19. The truth is surfacing. The next lockdown might not even happen after all

<https://coloradosun.com/2020/05/15/colorado-coronavirus-death-certificate/>

circa 4:35 p.m.

<https://thefreethoughtproject.com/extremely-disturbing-video-shows-cops-kidnap-couple-over-peaceful-anti-govt-views/>

Chapter

Monday May 18 2020

Card of the Day: 4 of Clubs

Tarot Card of the Day: 5 of Swords

Lenormand Tarot Card of the Day: Tree

Rider Waite Tarot Card of the Day: Page of Swords

Lenormand Love Tarot Card of the Day: Ship

Another 9 day cycle begins today

<https://www.dailystar.co.uk/news/latest-news/jeff-bezos-set-worlds-1st-21959825?fbclid=IwAR3E4zjZxpD04nfNji5AJXt9sCQjD2cbCA8hArs3pygT6BguyUVFP2EeNKQ>

<https://www.mirror.co.uk/news/world-news/dogs-trained-protect-wildlife-saved-22019204?fbclid=IwAR3vFjabsnkl8Sbrp1a9XZnlvnWwxyYxwVXGN7bB26KBKX5W2n0JRMshPo0>

<https://hightimes.com/news/study-medical-cannabis-patients-show-little-change-driving-performance-after-use/>

circa 2:55 p.m.
35 push ups

In case anyone missed it:

<https://www.independent.co.uk/news/health/flu-vaccine-deaths-nhs-ineffective-crisis-bad-weather-illness-2017-a8660496.html>

This afternoon

Baja gave me a ride to the dispensary since I had no choice. In this case, nothing went wrong.

Tuesday May 19 2020

Card of the Day : King of Spades

Tarot Card of the Day : Knight of Cups

Lenormand Tarot Card of the Day ; Book

Rider Waite Tarot Card of the Day ; Death

Lenormand Love Tarot Card of the Day: Heart

wrong setting

no opening in New Haven. Jay Poswinski was lying.

Wednesday May 20 2020

Card of the Day: 10 of Spades

Tarot Card of the Day: reversed 8 of Cups

Lenormand Tarot Card of the Day: Dog

Rider Waite Tarot Card of the Day: the Hermit

Lenormand Love Tarot Card of the Day : Scepter

nightmares are back with a vengeance

circa 2:30 p.m.
I called legal aid

circa 3:20 p.m.
6451 views of Ingenuity

circa 5:00 p.m.
took a shower and a bath

circa 6:40 p.m.
https://www.vice.com/en_us/article/jgxxvk/senate-votes-to-allow-fbi-to-look-at-your-web-browsing-history-without-a-warrant?utm_campaign=sharebutton&fbclid=IwAR0iAmUIGjOyRij5O0FC7-CvNO6XrTc4zxxDNiekRoMrO7wSFSJIHNS-2Vw

circa 8:15 p.m.
<https://www.msn.com/en-us/news/us/florida-scientist-said-she-was-fired-for-refusing-to-manipulate-covid-19-data/ar-BB14jG4Y>

Thursday May 21 2020
Card of the Day: 6 of Hearts
Tarot Card of the Day: the Magician
Lenormand Tarot Card of the Day: Bouquet
Rider Waite Tarot Card of the Day: the Fool
Lenormand Love Tarot Card of the Day: Dog

woke up just in time for the 3:33 on the clock

<https://m.startribune.com/irish-return-a-173-year-old-favor-to-native-american-tribes/570508442/>

Friday May 22 2020
Card of the Day: 4 of Clubs
Tarot Card of the Day: the Chariot
Lenormand Tarot Card of the Day: Coffin
Rider Waite Tarot Card of the Day: the Hermit
Lenormand Love Tarot Card of the Day: Ship

fasting today

Jay Poswinski finally returned my calls.

had to borrow some \$

<https://archive.org/details/Vaccines-The-Biggest-Medical-Fraud-In-History>

<https://m.independent.ie/irish-news/health/swine-flu-vaccine-side-effects-so-bad-that-children-were-like-schizophrenics-37275895.html>

<https://www.reuters.com/article/us-brazil-politics-environment/brazil-minister-calls-for-environmental-deregulation-while-public-distracted-by-covid-idUSKBN22Y30Y?fbclid=IwAR1I3mO3K7D2WIMGPieHVXWDo6jW2eiTZ5I1SW2A00I84oS3NgrV6d942W>
[o](#)

Saturday May 23 2020

Card of the Day: 5 of Spades

Tarot Card of the Day: the Star

Lenormand Tarot Card of the Day: Tower

Rider Waite Tarot Card of the Day: the Emperor

Lenormand Love Tarot Card of the Day: Stork

circa 9:30 a.m.

15 minutes isochronic cleansing chakras

circa 9:55 a.m.

445 subscribers on YouTube

took a nap

Sunday March 24 2020

Card of the Day: 10 of Spades

Tarot Card of the Day: the Emperor

Lenormand Tarot Card of the Day: House

Rider Waite Tarot Card of the Day: the Hierophant

Lenormand Love Tarot Card of the Day: Birds

Domestic violence has skyrocketed because of stay-at-home orders. The pro-vaxxers are to blame. Deaths from viruses already declined by 90 percent before #vaccines. The pro-vaxxers either think #autism is "no big deal" because they watch TV and movies or they hate and fear all #actuallyautistic people because the

news #media portrays us as mass shooters. Many lives were saved by sanitation, hygiene, and nutrition; not vaccines. I have autism IN REAL LIFE and it's not like the press claims.

<https://nypost.com/2020/05/22/brooklyn-field-hospital-never-saw-a-coronavirus-patient>

https://www.bloomberg.com/news/articles/2020-05-22/did-japan-just-beat-the-virus-without-lockdowns-or-mass-testing?utm_source=url_link&fbclid=IwAR1C8-j_ZsqruwBxqruqw9FefEPBYE3sSQEH3_pmhaodS-NaOfYV1BZes0I

https://www.rt.com/op-ed/489584-covid-lockdown-suicide-deaths/?fbclid=IwAR2Cu4pOdWnqcb6_uOwENg6diq_H1IBxpCICBv8z6HRBsKp9M--dxjs-GYk

circa 9:00 p.m.

all who betrayed me will eventually have to apologize. I'll be needed. That's inevitable.

Monday May 25 2020

Card of the Day: Ace of Clubs

Tarot Card of the Day: 5 of Cups

Lenormand Tarot Card of the Day: Child

Rider Waite Tarot Card of the Day: Justice

Lenormand Love Tarot Card of the Day: Heart

circa 12:40 p.m.

6471 views of Ingenuity

<https://thefreethoughtproject.com/goldman-sachs-report-warns-pharma-companies-that-curing-disease-is-bad-for-business/>

circa 1:00 p.m.

Studying Geailge

circa 1:30 p.m.

<https://thefreethoughtproject.com/cop-guilty-preying-little-girl-minecraft/>

circa 10:35 p.m.

posted this online:

The pro-vaxx #media tells the populace to hate and fear everyone with #Autism as if we're all like Adam Lanza. I'm #ActuallyAutistic and I hope the media is brought to

justice. #Pharmaceutical companies pay the media to advertise #vaccines and censor the truth about autism .

Chapter

Tuesday May 26 2020

Card of the Day: 9 of Diamonds

Tarot Card of the Day: reversed the Emperor

Lenormand Tarot Card of the Day: Fox

Rider Waite Tarot Card of the Day: the Magician

Lenormand Love Tarot Card of the Day: Tree

[https://nationalpost.com/opinion/opinion-we-are-infectious-disease-experts-its-time-to-lift-the-covid-19-lockdowns?](https://nationalpost.com/opinion/opinion-we-are-infectious-disease-experts-its-time-to-lift-the-covid-19-lockdowns?fbclid=IwAR278M_cvk5U0OgWXhNt6e6lzq_cwar7SqfAqtm1t_ZFbEjT1UDlerreq-g)

[fbclid=IwAR278M_cvk5U0OgWXhNt6e6lzq_cwar7SqfAqtm1t_ZFbEjT1UDlerreq-g](https://nationalpost.com/opinion/opinion-we-are-infectious-disease-experts-its-time-to-lift-the-covid-19-lockdowns?fbclid=IwAR278M_cvk5U0OgWXhNt6e6lzq_cwar7SqfAqtm1t_ZFbEjT1UDlerreq-g)

went to the dispensary

about 9 minutes of binaural beats for intuition

11 out of 25 on ESP test (colors on cards)

wrote a bit (in cursive)

history includes war and misery and

centuries of toil

hex civilization with nails and snakehide and cemetery soil

Empire is ephemeral, not invincible

defeated by those countercultural and visceral

circa 8:00 p.m.

12 minutes of binaural beats for intuition

24 minutes of binaural beats for focus

Wednesday May 27 2020

Card of the Day: 8 of Hearts

Tarot Card of the Day: 4 of Cups

Lenormand Tarot Card of the Day: Ship

Rider Waite Tarot Card of the Day: Wheel of Fortune

Lenormand Love Tarot Card of the Day: Book

today begins a 9 day cycle

walked barefoot in mud by the water

yet another civilian, George Floyd, murdered by police. Knees on his neck for 9 minutes in the footage

circa 7:10 p.m.
15 push ups

Thursday May 28 2020
Card of the Day: 2 of Diamonds
Tarot Card of the Day: the Empress
Lenormand Tarot Card of the Day: Heart
Rider Waite Tarot Card of the Day; the Empress

12:15 p.m.
6483 views of Ingenuity

circa 12:25 p.m.
25 push ups

circa 1:30 p.m.
35 push ups

waxing crescent

circa 2:20 p.m.
about 12 minutes of binaural beats for health and happiness

circa 3:25 p.m.
35 push ups

circa 3:35 p.m.
studying Gaeilge

cchr called back

my Facebook got hacked. I hope all of these people know I didn't send that link.

Chapter
Friday May 29 2020
Card of the Day: 7 of Hearts

Tarot Card of the Day: reversed 5 of Hearts
Lenormand Tarot Card of the Day: Woman
Rider Waite Tarot Card of the Day: the Lovers
Lenormand Love Tarot Card of the Day: Child

<https://thefreethoughtproject.com/autozone-window-smasher-agent-provocateur/>

https://thefreethoughtproject.com/minneapolis-pd-taken-over/?utm_source=Facebook&utm_medium=Traffic+Driver&utm_campaign=Facebook+Stout

circa 5:00 a.m.
25 push ups

circa 5:10 a.m.
20 push ups

5:20 a.m.
Artists search for the hidden something and never find it. We're inadvertantly more distant from it by trying to get closer to it.

circa 6:00 a.m.
15 minutes binaural beats for focus

1st quarter moon in Virgo

circa 9:45 a.m.
25 push ups

Mercury Inconjunct Natal Sun begins today

went to the dispensary for a 4 pack of hybrid joints

circa 12:00 p.m.
studying Geailge

circa 5:00 p.m.
about 15 minutes of binaural beats for health and happiness

<https://www.cnn.com/2020/05/29/tech/trump-twitter-minneapolis/index.html>

Saturday May 30 2020

Card of the Day: King of Diamonds

Tarot Card of the Day: 8 of Cups

Lenormand Tarot Card of the Day: Anchor

Rider Waite Tarot Card of the Day: the Tower

Lenormand Love Tarot Card of the Day: Lillies

woke up at about 5:00 a.m.

scavenged tobacco

finished my herb this morning

<https://thefreethoughtproject.com/pentagon-military-police-ga-natl-guard/>

circa 6:40 a.m.

15 push ups

<https://thefreethoughtproject.com/chauvin-arrested-george-floyd/>

took a nap

circa 6:40 p.m.

studying Geailge

May 31 2020

Card of the Day: 8 of Hearts

Tarot Card of the Day: reversed Ace of Wands

Lenormand Tarot Card of the Day: Man

Rider Waite Tarot Card of the Day: 8 of Swords

https://patch.com/connecticut/wethersfield/ep/653160?utm_source=share-mobile&utm_medium=web&utm_campaign=share

the truth will eventually be known and the doctors who misdiagnosed me will be brought to justice

circa 3:40 p.m

<https://www.forbes.com/sites/jonathanponciano/2020/05/22/billionaires-zuckerberg-bezos/?fbclid=IwAR2cuay2dQUlJMS75GdD-PoQWvM3HMOpcz3dYmQka7oER1giFrWg0nf6iL0#22b335767ed6>

circa 3:45 p.m.

6490 views of Ingenuity

circa 3:50 p.m.

Unlicensed psychologist and bigot "Dr" Phil is commenting on the murder of a black man by police, and he's pretending to oppose racism. Yeah, right! #drphil is a white supremacist. The phony "drug war" is fueled by classism and racism. Medicinal cannabis saves lives. "Dr" Phil thinks jazz musicians and Mexicans are "out to get" him, so he labels them "paranoid" because of his neo-Nazi views. The first medical necessity prevents paranoia because it's relaxing. The herb will never "impair concentration" the opposite is true. "Dr" Phil would recant his lies if he had difficulty concentrating. #stopdrphil

circa 5:00 p.m.

took a nap and unfortunately, the nightmares are back with a vengeance. There's no recovery in the wrong setting.

circa 9:10 p.m.

450 subscribers on YouTube

Chapter

Monday June 1 2020

Card of the Day: 5 of Hearts

Tarot Card of the Day: Ace of Cups

Lenormand Tarot Card of the Day: Fox

Rider Waite Tarot Card of the Day: the Star

Lenormand Love Tarot Card of the Day: Fox

woke up at about 5:50 a.m.

circa 10:00 a.m.

studying Geailge

circa 11:00 a.m.

25 push ups

12:35 p.m.

15 minutes of binaural beats for focus

12:57 p.m.

6501 views of Ingenuity

circa 1:20 p.m.

took a bath

1:40 p.m.
another 15 minutes of binaural beats for focus

circa 2:00 p.m.
15 minutes of binaural beats for health and happiness

circa 2:30 p.m.
50 push ups

2:45 p.m.
15 minutes of binaural beats for focus

3:35 p.m.
on my way to Trulieve

circa 4:05 p.m.
15 minutes of binaural beats for creativity

smoking a hybrid

Tuesday June 2 2020
Card of the Day: 8 of Diamonds
Tarot Card of the Day: reversed 2 of Cups
Lenormand Tarot Card of the Day: Anchor
Rider Waite Tarot Card of the Day: 7 of Swords
Lenormand Love Tarot Card of the Day: Child

smoked a joint, made a beat and wrote this:

twas neither symbiotic nor parasitic
yet more like symbolic and cryptic
when the beings bestowed
such skills upon us,
So behold
many an Oracle forebode
rebellion in such a populous abode
Rebels with slingshots frolic
They wrote in code
debunking lies the populace was told

9:57 p.m.

been in a good mood today, smoking herb

lots of recent protests, mostly against police brutality, et cetera

circa 10:30 a.m.

New York City under curfew, some arrested for breaking it

There were some looters

some protesters are kneeling

this all on CNN

more cops moving in

a reporter got pushed

circa 10:35 p.m.

woman allegedly hit by car and/or trampled

person pulled out of car by the police

situation escalated

reporters yet again reminding the cops that reporting is allowed

they've all been pushed back

a bunch of people got arrested

some detained

circa 10:40 a.m.

nonmoving vehicle on Manhattan bridge

people kneeling, then walking

watched documentaries about the 1960's

Wednesday June 3 2020

Card of the Day: 10 of Diamonds

Tarot Card of the Day: reversed Page of Wands

Lenormand Tarot Card of the Day: Dog

Rider Waite Tarot Card of the Day: the World

circa 3:00 p.m.

watching a documentary about hyenas

circa 8:20 p.m.

15 push ups

finished the hybrid

circa 9:00 p.m.
25 push ups

Thursday June 4 2020
Card of the Day: 5 of Hearts
Tarot Card of the Day: 7 of Swords
Lenormand Tarot Card of the Day: Bouquet
Rider Waite Tarot Card of the Day: 3 of Swords
Lenormand Love Tarot Card of the Day: Tree

woke up, went back to sleep
woke up again at about 2 p.m.

lunar eclipse in Sagittarius

15 push ups

circa 7:00 p.m.
<https://www.cnn.com/2020/06/04/us/sarasota-florida-police-kneeling-neck-arrest/index.html>

Friday June 5 2020
Card of the Day: 2 of Diamonds
Tarot Card of the Day: reversed Knight of Cups
Lenormand Tarot Card of the Day: Coffin
Rider Waite Tarot Card of the Day: 4 of Cups
Lenormand Love Tarot Card of the Day: Dog

7:32 a.m.
20 push ups

I only agreed to contribute \$40 of my food stamps. Sophie spent it all.

protested today in Plainville
someone got busted for pointing his gun at protestors marching by his house

Saturday June 6 2020
Card of the Day: 6 of Hearts
Tarot Card of the Day: 10 of Pentacles
Lenormand Tarot Card of the Day: the Tower
Rider Waite Tarot Card of the Day: the Tower

Lenormand Love Tarot Card of the Day: Ship

Sun Opposition Natal Ascendant starts today

circa 1:20 p.m.

posted this online :

After surviving decades of forced drugging and other torture, I remain a political prisoner because of #ableism

The press doesn't report the abuse inflicted upon #actuallyautistic people.

I'm still denied better housing. No recovery allowed, no "rebuilding lives", the opposite is true; Continuum of Care is RUINING LIVES. I wasn't warned that I'd never be allowed out. Continuum of Care doesn't allow anyone to graduate out and have a better life. The unqualified staff vowed revenge because I took a stand against their negligence. They thought they could stay in the office and get an easy paycheck. They had to remove Mike Inigo after he had been harassing me and throwing out my belongings. Just to rub it in, Continuum of Care denied me a reimbursement. Leann Farley, the manager of this house, would be behind bars if there were any "law enforcement", those kinds of laws are unenforced; and Probate Court denies me representation. There was never any grounds for a Conservator of Person and Estate.

Waning gibbous moon in Capricorn

afternoon

25 push ups

circa 4:40 p.m.

35 push ups

circa 4:50 p.m.

another 35 push ups

circa 5:15 p.m.

45 push ups

<https://www.nbcconnecticut.com/news/local/man-accused-of-threatening-at-a-protest-in-plainville/2283845/>

<https://www.cnn.com/2020/06/03/us/george-floyd-officers-charges/index.html>

Sunday June 7 2020

Card of the Day: King of Spades

Tarot Card of the Day: reversed 10 of Wands

Lenormand Tarot Card of the Day: Fish
Rider Waite Tarot Card of the Day: 8 of Swords
Lenormand Love Tarot Card of the Day: Heart

circa 3:40 p.m.
25 push ups

circa 4:00 p.m.
25 push ups

circa 4:05 p.m.
studying Geailge

Chapter

Monday June 8 2020
Card of the Day: Jack of Hearts
Tarot Card of the Day: reversed 7 of Pentacles
Lenormand Tarot Card of the Day: Woman
Rider Waite Tarot Card of the Day: Judgement
Lenormand Love Tarot Card of the Day: Garden

9 day cycle begins today

<https://truthout.org/articles/as-trump-threatens-to-send-military-into-cities-some-gis-refuse-to-comply/>

circa 8:20 a.m.
6532 views of Ingenuity

circa 9:00 a.m.
called Rhonda of Continuum of Care

Kedrick: "if you were "rebuilding lives", you would help me get a lawyer".
Rhonda: "lemme see what I can do and I'll call you back."

circa 12:40 p.m.
studying Gaeilge

circa 1:50 p.m.
reported violations to the Department of Public Health

<https://www.cnn.com/2020/06/08/us/brevard-county-florida-police-union-misconduct-trnd/index.html>

Tuesday June 9 2020

Card of the Day: 7 of Hearts

Tarot Card of the Day: 7 of Cups

Lenormand Tarot Card of the Day: Fox

Rider Waite Tarot Card of the Day: 4 of Swords

Lenormand Love Tarot Card of the Day: Rider

I've been foraging for dandelions

---- had a dream about bombings on the summer solstice

I finished my herb today

I watched a documentary about Mars

Wednesday June 10 2020

Card of the Day: 8 of Clubs

Tarot Card of the Day: reversed King of Pentacles

Lenormand Tarot Card of the Day: Lillies

Rider Waite Tarot Card of the Day: 4 of Swords

Lenormand Love Tarot Card of the Day: Woman

circa 1:00 p.m.

15 push ups

saw the area I might move to in New Haven

circa 4:00 p.m.

35 push ups

circa 4:30 p.m.

30 push ups

Thursday June 11 2020

Card of the Day: 9 of Hearts

Tarot Card of the Day: reversed Ace of Wands

Lenormand Card of the Day: Key

Rider Waite Tarot Card of the Day: 3 of Cups

Lenormand Love Tarot Card of the Day: Birds

circa 11:30 a.m.
raining

11:55 a.m.
25 push ups

noon
<https://deadline.com/2020/06/live-pd-canceled-ae-protests-against-police-brutality-george-floyd-1202956175/>

Live P.D. cancelled and I hope Cops also gets cancelled

circa 4:00 p.m.
preordered a 3 pack of joints for \$20 I'll have to borrow

4:30 p.m.
30 push ups

<https://www.cbsnews.com/news/mysterious-deep-space-radio-burst-frb-signals-every-157-days-study-finds/?ftag=CNM-00-10aab6a&linkId=90482294>

circa 6:25 p.m.
about 15 minutes of binaural beats of health and happiness

circa 6:50 p.m.
studying Gaeilge

circa 7:10 p.m.
11 minutes of binaural beats for relaxation

circa 9:00 p.m.
35 minutes of binaural beats for relaxation

circa 9:45 p.m.
1200 views of Call for Liberation

circa 10:05 p.m.
reported New Britain General Hospital to the Department of Public Health